

## 2024-2025 HOSA District Virtual Upload Events

**There will be no presentations scheduled for district events, only uploads. Presentations will be done at state, if qualified by district score. Interviews will be scheduled for January 14-15, 2025. Extemporaneous Writing Health Policy will be scheduled for January 16-17, 2025.**

**Please see the list below to see what should be uploaded for district. Please pay attention to the events that have pre-recorded submissions and links to upload.**

Event	What to Upload
1. Clinical Specialty	a. Career portfolio- as one combined pdf file (See Guidelines)
2. Extemporaneous Writing Health Policy	a. Secret topic will be sent out 30 minutes before time will begin. Competitors will have 60 minutes to write, 5 minutes to upload.
3. Health Career Display	a. Display Board outline with required information – as one combined pdf file (see guidelines)
4. Health Career Photography	a. Photography portfolio- as 1 combined pdf file (See Guidelines)
5. Health Education	a. Portfolio uploaded by 1 team member- as 1 combined pdf file. (See Guidelines)
6. Interviewing Skills	a. Personal statement b. Resume Both MUST be uploaded as 1 combined pdf file (See Guidelines) c. 4-minute interview – will schedule
7. Job Seeking Skills	a. Personal statement b. Resume Both MUST be uploaded as 1 combined pdf file (See Guidelines) c. 5-minute interview – will schedule
8. Prepared Speaking	a. 5-minute speech digitally uploaded

9. Public Health	a. 3-minute video trailer upload submission (see guidelines)
10. Public Service Announcement	<ul style="list-style-type: none"> <li>a. Reference page</li> <li>b. Copyright form</li> <li>c. Airdate form</li> <li>d. Link to the PSA 30 second video A,B &amp;C uploaded as 1 combined pdf file, PSA is a separate hyperlink</li> </ul>
11. Research Poster	e. Poster-as 1 pdf file (See Guidelines)
12. Research Persuasive Writing & Speaking	a. Research paper as a pdf file
13. Respiratory Therapy	a. 8-minute presentation digitally recorded
14. Speaking Skills	a. Link to the prepared speech digitally recorded, maximum length of 4 minutes