Prek FAMILY ENRICHMENT ACTIVITIES

UNIT Shadows and Reflections, Unit 7, Week 3

THEME Reflections

BOOK Raccoon on His Own by Jim Arnosky
READING ON YOUTUBE https://www.youtube.com/watch?v=u2upofRidns

OLLIE'S QUESTION What is a Reflection?

LITERACY GOALS To identify sounds of the letter Kk (kite) and D (dog)

MATH GOALS To slide, flip and turn shapes (shapes remain the same when slid, flipped or turned)

CONCEPT WORDS These words are basic words that relate to the theme and concept for each week. These words help with discussing the question of the week.

dull	Something that is not shiny or not polished
glass	What a window is made of
mirror	Something we use to see ourselves
reflection	What you see when you look in a mirror
shiny	Something that is very bright
smooth	Something that is even, without any wrinkles or bumps

AMAZING WORDS These words increase and improve children's vocabularies and understanding of the text and world around them.

chill	A cold feeling
glide	When something moves very smoothly
scatter	To go away quickly in different directions
silently	Without making noise
stare	To look at something for a long time
sturdy	Something that is strong and solid

Other Book Suggestions and YouTube Recommendations:

- When Tomo Moves by John Hovell / Chieri Vegaki https://www.youtube.com/watch?v=DGdkCmC5Pr0
- *M is for Mirror* by Duncan Birmingham
- The Chinese Mirror by Mirra Ginsburg https://www.youtube.com/watch?v=aOY6r2SQ7JE
- *Reflections* by Ann Jonas

Ideas for At Home Activities:

Pretend & Learn	You and your child can pretend to go to the movie theater. create pretend money and tickets to buy using paper and crayons or markers. Movie snacks can be: juice boxes, popcorn in paper bags, a favorite candy. Decide on a favorite TV show or short movie to watch with your child. Talk about the experience with your child while "going" to the movie and after the movie is over.	
ABC	Place cornmeal or sand in a plate or tray. Write the letters k and d each on sticky notes, index cards, or small pieces of paper. Tell your child the sound for each letter and ask your child to repeat the sound. Write the letters one at a time in the cornmeal/sand. Smooth it over to "erase". Then, give your child the sticky notes/cards and ask him/her to write the letter k in the cornmeal/sand and say the sound for k . Do the same with letter d . Help your child, as needed. Repeat 4-5 times.	
Writing	Write your child's name and other names several times on separate pieces of paper and place around the house. Ask your child to be a detective and find all the papers with his/her name. Help your child write his/her name on any kind of paper 2 or 3 times. Talk about each letter and how they match his/her name on the papers that were found.	
Math	Cut out or find shapes (circle, square, rectangle, and triangle) for your child to play. Ask your child to describe the circle. (Example: a circle is round. It has one line that goes around and around and does not end). Now ask your child to flip the circle over. Ask, "What does it look like now?" "Did it change when you flipped it over?" Help your child understand that the circle stays the same even when moved or flipped. Do the same thing with the other shapes.	
Science/Social Studies	You and your child can practice healthy exercises together. Clear a space in a room or go outside. Show your child how to do simple exercises: touch your toes, reach for the sky, jumping jacks, running in place, knee bends. Do these together several times. Talk about how your breathing changes (listen as you each breathe after exercise) and your heart beats faster (feel your heart with your hand on your chest). Ask your child why	

	these change. Ask your child why exercise is a healthy habit.	
Art	Give your child a piece of aluminum foil and tape to create a mirror from a piece of cardboard, without help. Ask your child to tell you how he/she made the mirror. Ask if there were any problems making the mirror. "How did you fix that?" Then ask, "Which surface is shiny and which side is dull?" "What makes one side shiny and one side dull?" "Do you see any reflections?"	
Sensory	Talk about <i>heavy</i> and <i>light</i> . Ask your child to pretend to lift something heavy. Then, ask him/her to pretend to lift something that is light. Next, ask your child to find objects in the room that are <i>heavy</i> and <i>light</i> . Help your child lift the objects and say, "heavy" or "light" for each one.	
Building	Using blocks or books, ask your child to make a building by stacking some in front of a light source (screen door or window or use a flashlight). Have your child tell you about the shadows that are made by the "building" when the light is shined behind it. Then, ask your child to change the stack to make a different "building" or more than one. Ask again about how the shadows look and how they are made.	
Social-Emotional Activity	Teach your child the importance of helping others. Give your child special jobs to hold during the week, such as: making his/her bed, picking up toys after play, help setting the table for a meal, feeding a pet, etc. Make a chart on a piece of paper or poster board with the jobs listed. Check off or place a sticker beside each job for every time your child completes a task. Thank your child for his/her help each time!	

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