

DOUGHS

No-Cook Playdough

1 cup flour
1/3 cup salt
1/2 cup water
2 teaspoons canola oil

Mix the dry ingredients, then slowly pour in the wet ingredients. Knead until smooth and store in a covered container. Add a few drops of food coloring to the wet ingredients before adding to the dry.

The Best Cooked Playdough

1 cup flour
1 cup water
1/2 cup salt
2 teaspoons cream of tartar
1 tablespoon oil
food coloring.

Combine flour, salt, and cream of tartar in a saucepan. Mix liquids and gradually stir them into dry ingredients. Cook over medium heat, stirring constantly until a ball forms. Remove from heat and knead until smooth.

Baker's Clay

4 cups flour
1 cup salt
¾ cup water

Combine ingredients. Knead for 4-6 minutes.

Optional: Bake at 300 degrees for an hour, paint after cooled.

SENSORY

Goop

2 cups salt
2/3 cup water
1 cup cornstarch
1/2 cup cold water.

Mix salt and water, over heat for 3-4 minutes. Remove from heat and quickly add cornstarch and cold water. Stir quickly. Return to heat briefly if mixture becomes too "goopy".

Slime

2 oz Sta Flo Liquid Laundry Starch
4 oz of Elmers School Glue or any non-washable type

Add the entire bottle of glue to a bowl.
Slowly add Sta Flo laundry starch to the glue, mixing well between additions.
Knead until ball-like. Add liquid starch if it becomes sticky.
Store in a ziploc bag in the refrigerator.



Moon Sand

5 cups of all purpose white flour
1 Cup of baby oil

Bubble Solution

2/3 cup of Joy dishwashing soap

3 tablespoons glycerin (found in the pharmacy department)

1 gallon water

Rinse out a gallon jug. Measure out the ingredients above into the jug. Replace the jug cap and shake until completely mixed. Let the solution sit for a day or more before use.

Pour the bubble solution into shallow containers to use. Give the solution a gentle shake before each use.

PAINTS

Puffy Paint

shaving cream

Elmers glue

food coloring or paint

Mix an equal amount of shaving cream and glue. Add a few drops of food coloring or paint to the mixture.

Liquid Sidewalk Chalk

1/4 cup cornstarch

1/4 cup water

food coloring

Pour the cornstarch and cold water into a medium mixing bowl, and stir until well blended and lumps have disappeared.

Pour the liquid into separate containers.

Salt Paint

2 tsp. salt

1 tsp. liquid starch

food coloring

Mix ingredients together. The salt gives a frosted or sandy appearance to the paint.