My Favorite Things

Therapy Tools That Work

2017-2018



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Mississippi Department of Education

VISION

To create a world-class educational system that gives students the knowledge and skills to be successful in college and the workforce, and to flourish as parents and citizens

MISSION

To provide leadership through the development of policy and accountability systems so that all students are prepared to compete in the global community



State Board of Education Goals FIVE-YEAR STRATEGIC PLAN FOR 2016-2020

- 1. All Students Proficient and Showing Growth in All Assessed Areas
- Every Student Graduates from High School and is Ready for College and Career
- 3. Every Child Has Access to a High-Quality Early Childhood Program
- 4. Every School Has Effective Teachers and Leaders
- 5. Every Community Effectively Uses a World-Class Data System to Improve Student Outcomes
- 6. Every School and District is Rated "C" or Higher



Evidence-Based Practice



Definition of Evidence-Based Practice

- "Evidence-based medicine is the integration of best research evidence with clinical expertise and patient values." (Sackett D et al., 2000)
- EBP means "high-quality research evidence is integrated with practitioner expertise." (ASHA, 2005)
- Because EBP is a continuing process, it is a dynamic integration of ever-evolving clinical expertise and external evidence in day-to-day practice. (ASHA, 2005)



ASHA's Position Statement on EBP

It is the position of the American Speech-Language-Hearing Association that audiologists and speech-language pathologists incorporate the principles of evidence-based practice in clinical decision making to provide high quality clinical care. The term evidence-based practice refers to an approach in which current, high-quality research evidence is integrated with practitioner expertise and client preferences and values into the process of making clinical decisions.



Definition of Evidence-Based Practice





Evidence-Based Expectations

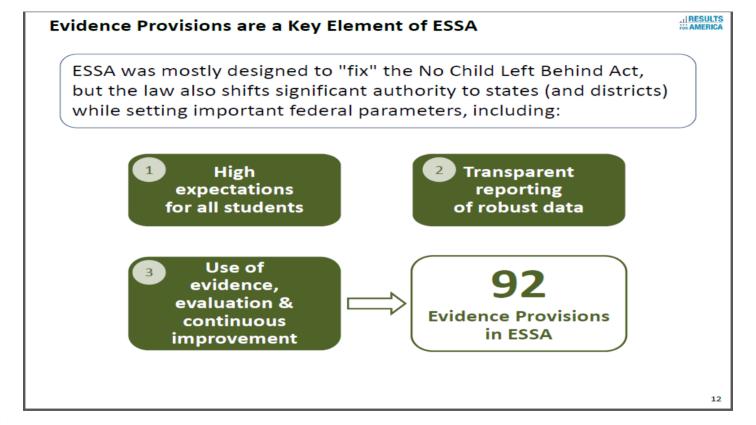
By **Federal law** we are required to select and implement evidence-based programs when using Federal funds (Every Student Succeeds Act).

By **State law we are** to categorize all programs and activities based on evidence of effectiveness (MS Code 27-103-159).

By **State Board of Education expectations**, we are to create a world-class educational system that gives students the knowledge and skills to be successful in college and the workforce. To obtain this vision, we must use evidence-based practices/programs with a proven track record of success.



Every Student Succeeds Act (ESSA)





Evidence-Based Clinical Practice (ASHA)

To make clinical practice evidence-based, audiologists and speechlanguage pathologists must:

- recognize the needs, abilities, values, preferences, and interests
 of individuals and families to whom they provide clinical services,
 and integrate those factors along with best current research
 evidence and their clinical expertise in making clinical decisions;
- acquire and maintain the knowledge and skills that are necessary to provide high-quality professional services, including knowledge and skills related to evidence-based practice;



Evidence-Based Clinical Practice (cont.)

- evaluate prevention, screening, and diagnostic procedures, protocols, and measures to identify maximally informative and cost-effective diagnostic and screening tools, using recognized appraisal criteria described in the evidence-based practice literature;
- evaluate the efficacy, effectiveness, and efficiency of clinical protocols for prevention, treatment, and enhancement using criteria recognized in the evidence-based practice literature;



Evidence-Based Clinical Practice (cont.)

- evaluate the quality of evidence appearing in any source or format, including journal articles, textbooks, continuing education offerings, newsletters, advertising, and web-based products, prior to incorporating such evidence into clinical decision making; and
- monitor and incorporate new and high-quality research evidence having implications for clinical practice.



EBP Summary

- Know your students' strengths and weaknesses.
- Acquire and maintain knowledge and skills.
- Choose diagnostic protocols that meet EBP criteria.
- Evaluate the efficacy of therapy techniques and procedures.
- Evaluate the validity of new research before implementation.



What We Know

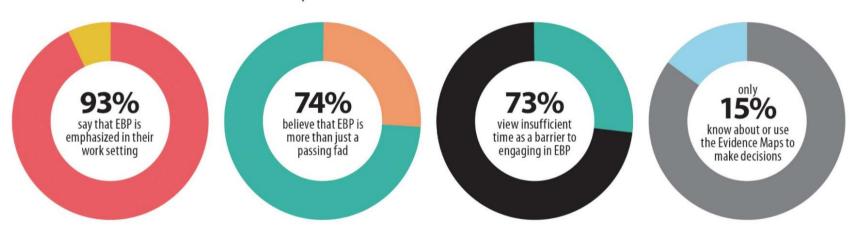
ASHA surveyed 1,000 members in a variety of work settings and found that:

- 75% of school-based SLPs recognize the importance of EBP.
- 62% say the cost of continuing education creates the main obstacle to researching and implementing EBP intervention strategies.



Getting Started

What are school-based professionals' experiences with evidence-based practice?





ASHA Tools: Evidence Maps

- http://www.asha.org/Evidence-Maps/
- This site includes a free, searchable online tool to access these maps, complete with filters that help quickly locate the most relevant information for clinical questions or situations.



Why Use Evidence Maps?

- You juggle the joy of student sessions with the demands of documentation, IEP meetings, administrative tasks—and even bus duty.
- Referrals land on your desk to assess a student with a condition you don't typically see and wonder if your evaluation materials are valid and reliable.
- You get assigned to a middle school, and need to determine which intervention protocols middle-schoolers find acceptable.



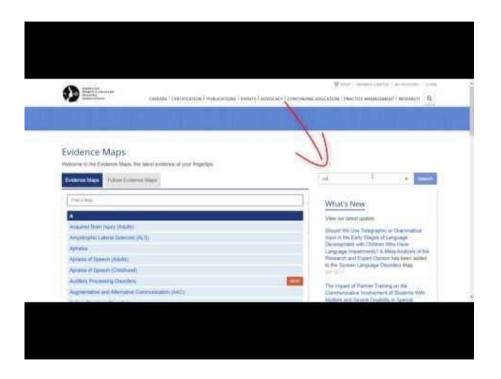
Why Use Evidence Maps?

- You face cases resistant to your usual interventions or need to defend your role to parents or administrators.
- These situations require searching for the best evidencebased approaches, adding to our already long to-do lists.



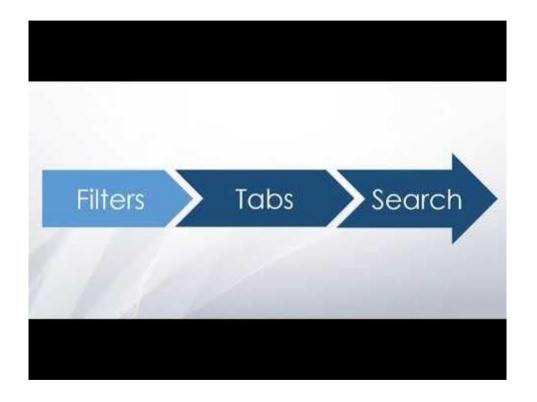


Evidence Maps: Overview





Evidence Maps: Search Tutorial



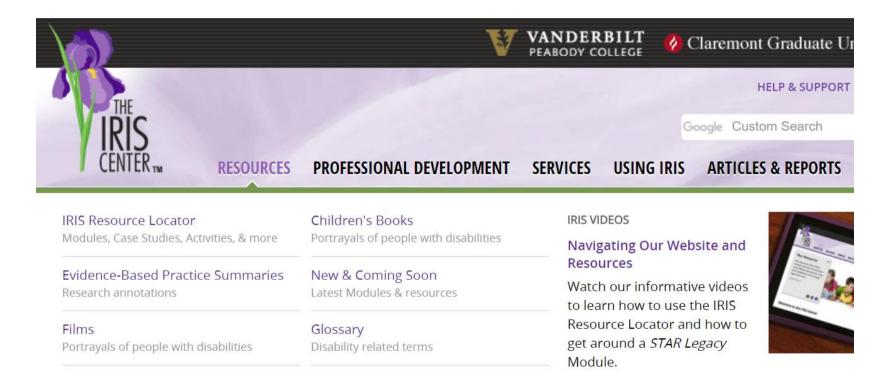


National Outcomes Measurement System (NOMS)

- NOMS is a voluntary data collection system developed to illustrate the value of speech-language pathology services provided to adults and children with communication and swallowing disorders.
- Data is collected to provide members the needed tools to address the challenging questions posed by policy makers, third party payers, administrators and consumers alike.

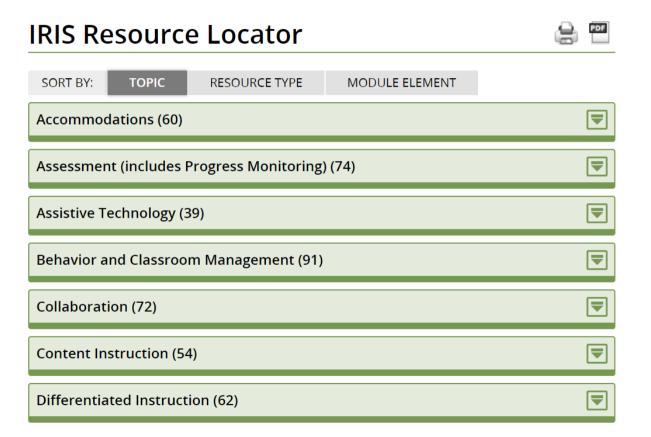


The IRIS Center





The IRIS Center





The IRIS Center

Related Services (25)



Modules (6)



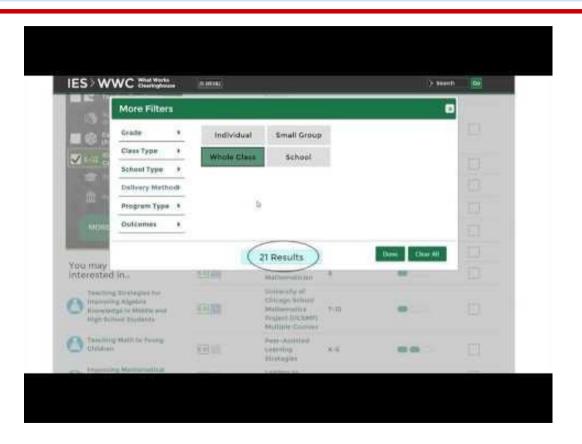
New Service Delivery Models: Connecting SLPs with Teachers and Curriculum

Supporting Families of Children Who Use AAC

<u>Team-based Service Delivery Approaches in Pediatric Practice</u>



What Works Clearinghouse





Evidence-Based Practice (EBP) Briefs –

http://www.speechandlanguage.com/ebp/index.asp: An on-line peer reviewed journal provided by Pearson publishing. Topics are clinically relevant and relate specifically to school-based practice. Briefs are relatively short, easy to read, and some include audio author chats and podcasts. These are written by many of the experts in our field.



EBP for Autism

http://autismpdc.fpg.unc.edu/evidence-based-practices

EVIDENCE-BASED PRACTICES

*Indicates practices with newly developed content (2015-2017). Select the practice to access these modules and downloadable resources.

Antecedent-based Intervention (ABI)*

Cognitive Behavioral Intervention (CBI)**

Differential Reinforcement (DR)

Previously Differential
 Reinforcement of Alternative,
 Incompatible, or Other Behavior
 Discrete Trial Teaching
 (DTT)*

Exercise (ECE)*

Extinction (EXT)

Naturalistic Intervention (NI)*

Parent-implemented Intervention (PII)*

Peer-mediated Instruction and Intervention (PMII)*

Picture Exchange Communication System (PECS)*

Pivotal Response Training (PRT)

Prompting (PP)*

Self-management (SM)*

Social Narratives (SN)*

Social Skills Training (SST)*

- Previously Social Skills Groups

Structured Play Group (SPG)** **Task Analysis (TA)***

Technology-aided Instruction and Intervention (TAII)** -Previously Computer Aided



What Does This Mean for SLPs?

- When you're not sure, look it up. You now have the resources to use.
- Examine what you're doing in intervention. Why do you do that? Because it's
 the most effective strategy? Because someone told you to do it? Because
 it's the way you've always done it? Could you do it differently and get better
 results?
- Why wouldn't we want to provide services that are found through research to be effective? Let's get those kids into services, make maximum progress in the shortest amount of time, and get them back into the classroom.



Remember...

"Just because a method/product does not have evidence, it does not work ...

it means it has not been tested yet."

(Virginia Department of Education, 2011)



Therapy Tools



ASHA Practice Portal

- Clinical topics
- Professional Issues (Ex: telepractice, caseload/workload)
- Client/patient handouts (Ex: developmental milestones for K-5th grade)
- Tools and templates (Ex: documentation, phonemic inventories across languages)



OH Center for Autism and Low Incidence

- http://www.ocali.org/center/autism
- Autism Center Resource Gallery of Interventions
- Ready-made resources such as choice boards, behavior maps and graphic organizers
- Website also contains information on UDL, transition and early childhood



Teachers Pay Teachers (TpT)

The Best of SLPs on TpT

2017 Edition

Speech & language therapy product recommendations for articulation, language, AAC, social skills & more!

http://speechymusings.com/2017/01/2 1/slps-on-tpt/



Book Study

- Choose a theme and/or book.
- Choose Tier 2 words to target.
- Teach vocabulary in the context of the story.
- Add multi-sensory elements (Ex: gestures, videos, role play) to increase retention.



Literacy Empowerment Foundation

- The <u>Literacy Empowerment Foundation</u>, a 501(c)3 nonprofit organization, invites your school or other literacy project to apply for FREE books for Read Across America Day. During the past year, LEF has distributed over 3,000,000 books to schools all across the country for Read Across America Day and other literacy projects.
- These books are free. Educators only pay shipping and handling. Resources are allocated on a first-come, first-served basis.

Literacy Empowerment Foundation

- Orders must be received by February 12th, 2018.
- Go to http://www.lefbooks.org online for the LEF Free Books for Read Across America Day order form.
- 1311 West Chester Pike West Chester, PA 19382 Phone: 610-719-6448



Fluency

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Adaptable Reinforcement Activities

- Points Game
- Generic board games
- Bubbles
- Puppets



Apps for Autism

Evidence Based Practice	Supporting App	
Computer -Aided Instruction - Computer- aided instruction (CAI) includes the use of computers to teach academic skills and to promote communication and language development and skills	Martha's Dog Party First Words International ABA Flash Cards SeeTouchLearn Language Builder	
Functional Communication Training - A systematic practice to replace inappropriate behavior or subtle communicative acts with more appropriate and effective communicative behaviors or skills.	InnerVoice Touch Chat with Word Power Proloquo2Go Predictable	

https://proactivespeech.wordpress.com/2012/10/10/ipad-apps-can-support-evidence-based-practice/



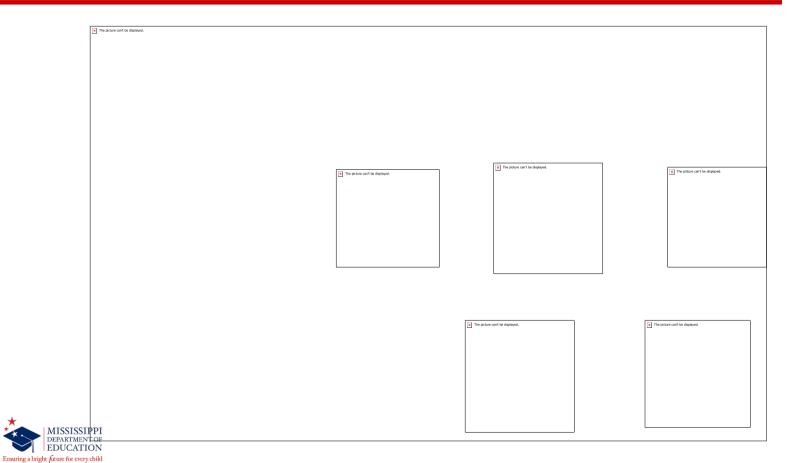
Social Skills



 http://homesweetspeechroom.blogspot.com/2013/07/evid ence-based-practice-for-social.html



AT for Planning and Organization



AT for Reading

Dyslexia Fonts



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Magnifying Apps



- <u>Kurzweil</u> Text-to speech, speech-to-text, work prediction, graphic organizers
- Voice Dream Reader App (\$14.99)



AT for Reading

Rewordify Simplifies text by replacing difficult words with easier ones. Great for adapting reading material.

<u>ClaroReader</u> Text-to-speech software. Chrome extensions, dictation, color overlays.

Capti Narrator Text-to-speech software and app.



Audiobooks

- <u>Bookshare</u> Accessible online library for people with disabilities https://www.bookshare.org/cms/
- Audible
- Audiobooks Now
- <u>Learning Ally</u> Large library of books for people with disabilities



Adapted Reading

- Readworks Grade-level reading passages adapted to student's lexile level http://www.readworks.org/
- Newsela Grade level news articles adapted to student's lexile level https://newsela.com/

Both websites are free and include comprehension questions and lessons.



AT for Written Expression

Co-writing software uses word prediction to help students who struggle with spelling and grammar.

Texthelp



Co:Writer Universal





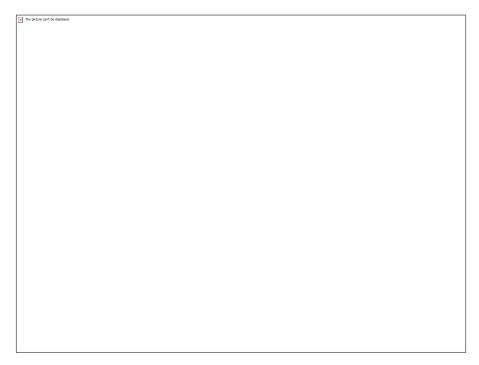
AT for Listening

- Digital voice recorders
- Dictophone app Voice recorder with unlimited time
- Personal hearing devices
- AudioNote Take notes and record





Data Collection Ideas



https://www.speechandlanguagekids.com/data-collection-ideas-for-speech-therapists/



New Uses for Old Things



Articulation Cards

- Place cards on a 6 x 6 grid. Roll two dice to find the card on the grid and say the word or make a sentence.
- For a tactile activity, place cards in a bin of dried beans and have students fish them out then say the word.
- Have students draw a card then describe the object on the card to the others in the group.



Table Activity

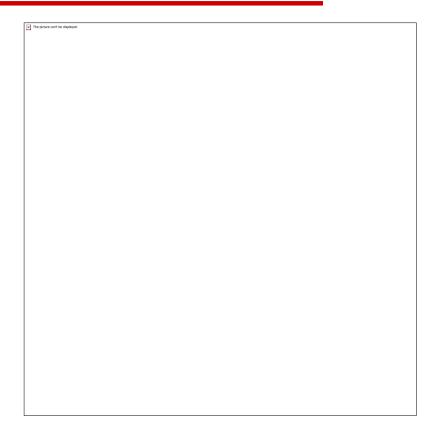
Apples to Apples

How many different ways can you use this game in therapy? List them all and choose one to demonstrate!



Practice identifying/naming parts of speech practice: nouns, adjectives, synonyms.

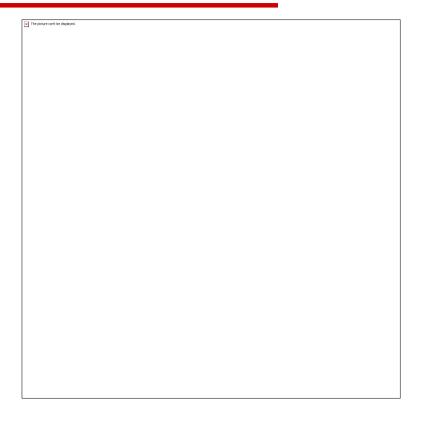
Reverse the directions! Instead, the judge puts a red noun card down and everyone gets 5 green cards. The students have to use the best adjective to describe the noun.





Challenge your students to come up with as many words as possible for the describing word in a minute. The person with the most words wins!

You can always facilitate this as a whole group if the kids have spelling needs and see if they can beat their score.





Have students sort the red cards into the different "describing" word piles. This helps work on a critical attribute features and antonyms.





List words with target sounds for articulation. Have students brainstorm things that fit into each category. After sorting, students can make sentences that include the target word. For example, "Mud is messy. Flies are messy. Some scientists are famous."





Using any of the ideas mentioned, split the students into groups. During the activity the students have to talk with their partner and/or group. This can target the social skills of:

- turn taking
- interrupting
- voice volume for the social situation
- sharing opinion, asking clarification questions, and accepting/rejecting a person's idea
- flexibility
- accepting rejection from a judge in the game



These cards can also be adapted for mixed language groups working on describing, grammatical structures and expanding utterances with prepositional phrases and adjectives.

http://www.thedabblingspeechie.com/2017/03/apples-to-apples-speech-therapy/



Table Talk

What are your go-to therapy tools?

Share what you use most and why it is a favorite.

Can you use it for multiple purposes?





ASHA Support

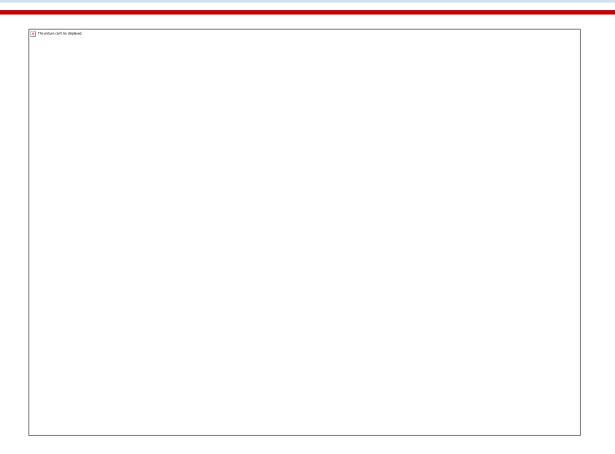


ASHA Website

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ASHA Website



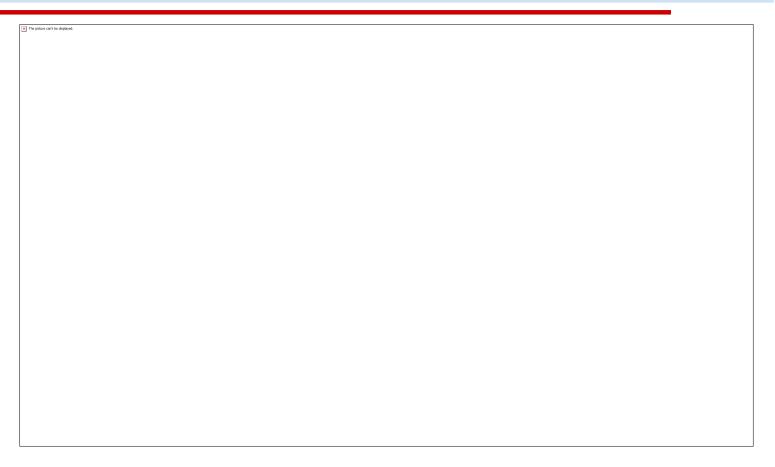


ASHA Website

http://www.asha.org/



Special Interest Group 16





Practice Portal

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Resources



SEACDC

- State Education Agencies Communication Disabilities Council
- Federal guidance and regulations
- Dear Colleague letters from OSEP
- Links to resources from other states
- http://seacdc.org/resources.html



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Evidence-Based Practice

- http://www.asha.org/Research/EBP/EBSRs/ ASHA's National Center for Evidence-based Practice
- http://www5.esc13.net/thescoop/speech/2010/12/02/evidence-based-practice-resources-for-slps/
- https://iris.peabody.vanderbilt.edu/ IRIS Center
- https://ies.ed.gov/ncee/wwc/ What Works Clearinghouse
- http://www.asha.org/NOMS/ National Outcomes Measurement System



Miscellaneous Resources

- https://www.iidc.indiana.edu/pages/writing-and-using-socialnarratives
 Research and procedures on social stories
- http://speechymusings.com/2017/01/21/slps-on-tpt/ Best of SLP on TpT
- http://speechymusings.com/2017/09/10/versatile-materials-speechtherapy-goal/
- http://perspectives.pubs.asha.org/article.aspx?articleid=2595559&r
 esultClick=1 ASHA article on evaluation and eligibility





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