# **OVS in the NSLP/SBP**

### **Office of Child Nutrition**



MISSISSIPPI DEPARTMENT OF EDUCATION

mdek12.org



Date

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**ALL** Students Proficient and Showing Growth in All Assessed Areas

**EVERY** School Has Effective Teachers and Leaders



**EVERY** Student Graduates from High School and is Ready for College and Career **EVERY** Community Effectively Uses a World-Class Data System to Improve Student Outcomes



☆ ろ△ 3 **EVERY** Child Has Access to a High-Quality Early Childhood Program

**EVERY** School and District is Rated "C" or Higher





# VISION

To create a world-class educational system that gives students the knowledge and skills to be successful in college and the workforce, and to flourish as parents and citizens

# MISSION

To provide leadership through the development of policy and accountability systems so that all students are prepared to compete in the global community



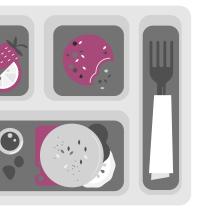
# **Offer Versus Serve**

# Basics for NSLP/SBP



# **Offer Versus Serve (OVS)**

# OVS is a strategy that allows students to decline some components or items and select foods that they intend to eat.

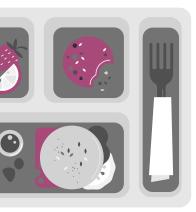


- Reduces food waste and its impact on cost
- Mandatory in the NSLP for high schools
- Optional in SBP (all grades)
- Not available for Snack Service



## **Basic Requirements**

If implementing OVS, the site must:



- OFFER all required meal pattern components in minimum quantities.
- Identify near or at the beginning of the serving line those items that constitute a reimbursable meal.
- Have a trained cashier at the end of the serving line to identify reimbursable meals (any alternate POS must be pre-approved by the SA).



# **OVS at Lunch**





# **OVS Rules at Lunch**

## 7 CFR 210.10 (e) and SP 41 - 2015

• Students must be allowed to decline 2 of the 5 required components



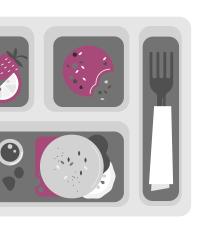
- Students must have 3 components on their tray
- One of those components must be at least a half a cup of fruit or vegetable.

At the very minimum, the student needs two full components plus a half cup of fruit/veg to be considered a reimbursable meal.



# **OVS Rules at Lunch**

### SP 41 – 2015 (OVS Manual Pg. 10)



 If only 3 components are selected and 2 of those are fruit and vegetable, the student may only select the half cup portion for the fruit OR the vegetable. For the other two components, the students must select at least the minimum daily required serving of the components for them to be counted.

For example, if a high school student selects a half cup of corn, a half cup of grapes, and a milk, this is NOT a reimbursable meal!



### **NSLP Meal Pattern**

#### **Knowledge of Meal Pattern is essential to OVS implementation**

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	NSLP Meal Pattern – Daily Minimum Requirements		
	K-8	6-8	9-12
Meat	1 oz eq.	1 oz eq.	2 oz eq.
Grain	1 oz eq.	1 oz eq.	2 oz eq.
Vegetable	³∕₄ cup	³∕₄ cup	1 cup
Fruit	½ cup	½ cup	1 cup
Milk	1 cup	1 cup	1 cup



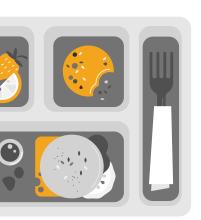
# Let's Practice!

# OVS at Lunch (NSLP)



## **MENU OVERVIEW**

#### All Items Offered on the Menu for the Day



REQUIRED COMPONENTS	ITEMS OFFERED	COMPONENT CONTRIBUTION
Milk	White Milk	1 cup
	Chocolate Milk	1 cup
Meat	Meatloaf	2 oz eq.
Grain	Roll	2 oz eq.
Fruit	Mandarin Oranges	½ cup
	Pineapple Tidbits	½ cup
Veg	Potatoes	½ cup
	Broccoli	<sup>1</sup> ∕₂ cup





Is this a reimbursable meal ?		
Elementary	High School	
YES	YES	

	Components Served		
	Elementary	High School	
Milk	FULL	FULL	
Meat	FULL	FULL	
Grain	FULL	FULL	
Fruit	FULL	PARTIAL	
Veg	PARTIAL	PARTIAL	





Is this a reimbursable meal ?	
Elementary	High School
YES	ΝΟ

	Components Served		
	Elementary High School		
Milk			
Meat	FULL	FULL	
Grain			
Fruit	FULL	PARTIAL	
Veg	PARTIAL	PARTIAL	

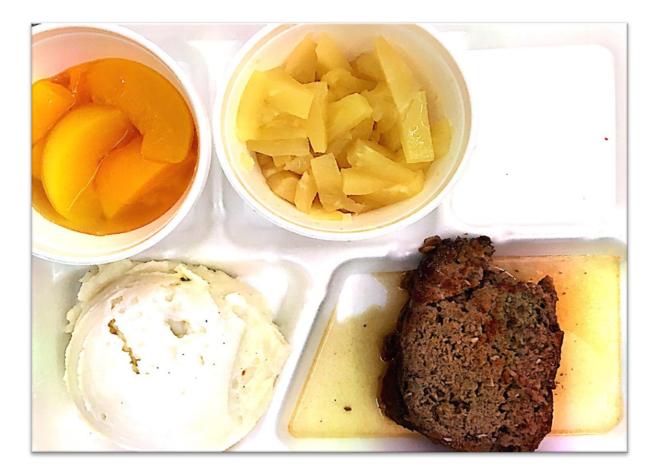




Is this a reimbursable meal ?		
Elementary	High School	
YES	YES	

	Components Served		
	Elementary	High School	
Milk	FULL	FULL	
Meat	FULL	FULL	
Grain			
Fruit	FULL	PARTIAL	
Veg	PARTIAL	PARTIAL	





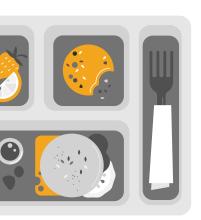
Is this a reimbursable meal ?		
Elementary	High School	
YES	YES	

	Components Served		
	Elementary	High School	
Milk			
Meat	FULL	FULL	
Grain			
Fruit	FULL	FULL	
Veg	PARTIAL	PARTIAL	



## **NEW MENU ALERT!**

#### All Items Offered on the Menu for the Day



REQUIRED COMPONENTS	ITEMS OFFERED	COMPONENT CONTRIBUTION
Milk	White Milk	1 cup
	Chocolate Milk	1 cup
Meat	Hamburger Patty	2 oz eq.
Grain	Hamburger Bun	2 oz eq.
Fruit	Mandarin Oranges	½ cup
	Banana	½ cup
Voq	Corn	½ cup
Veg	Broccoli	½ cup
	Green Beans	1/2 cup





Is this a reimbursable meal?	
Elementary	High School
YES	YES

	Components Served	
	Elementary	High School
Milk	FULL	FULL
Meat	FULL	FULL
Grain	FULL	FULL
Fruit	FULL	PARTIAL
Veg	PARTIAL	PARTIAL





Is this a reimbursable meal?	
Elementary	High School
ΝΟ	ΝΟ

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain		
Fruit		
Veg	FULL	FULL





Is this a reimbursable meal ?	
Elementary	High School
ΝΟ	ΝΟ

	Components Served		
	Elementary	High School	
Milk			
Meat			
Grain	FULL	FULL	
Fruit			
Veg	FULL	FULL	





Is this a reimbursable meal?	
Elementary	High School
YES	YES

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain	FULL	FULL
Fruit	FULL	PARTIAL
Veg	FULL	FULL





Is this a reimbursable meal?	
Elementary	High School
YES	YES

	Components Served	
	Elementary	High School
Milk		
Meat	FULL	FULL
Grain	FULL	FULL
Fruit	FULL	PARTIAL
Veg	FULL	FULL





Is this a reimbursable meal ?	
Elementary	High School
YES	YES

	Components Served	
	Elementary	High School
Milk		
Meat	FULL	FULL
Grain	FULL	FULL
Fruit	FULL	PARTIAL
Veg	PARTIAL	PARTIAL







Is this a reimbursable meal ?	
Elementary	High School
ΝΟ	ΝΟ

	Components Served			
	Eler	nentary	Hig	h School
Milk	FULL		FULL	
Meat	FULL		FULL	
Grain	FULL		FULL	
Fruit				
Veg				





Is this a reimbursable meal?	
Elementary	High School
ΝΟ	ΝΟ

	Components Served		
	Elementary High School		
Milk			
Meat	FULL	FULL	
Grain	FULL	FULL	
Fruit			
Veg			





#### Watch those trimmings!

- Hamburger trimmings do not count toward the vegetable component
- While this may give you some veg, this is not a full serving of veg, not even a half a cup veg as required to count toward OVS!
- Considered an "Additional Food" rather than a veg component

Source: MRS 2021 MRS: 8290 – Condiments/Other (8000s)
TRIMMINGS
MEAL COMPONENT CONTRIBUTION:
None
NUMBER OF PORTIONS: 100 SIZE OF PORTION: 1 servings
RECIPE HACCP PROCESS: #1 - No cook



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Is this a reimbursable meal ?	
Elementary	High School
YES*	YES*

	Components Served		
	Elementary	High School	
Milk			
Meat	FULL	FULL	
Grain	FULL	FULL	
Fruit	FULL	PARTIAL	
Veg	PARTIAL	PARTIAL	

\*SALT SHOULD NEVER BE SERVED FOR ANY REASON!!!





Is this a reimbursable meal ?	
Elementary	High School
ΝΟ	ΝΟ

	Components Served		
	Elementary High School		
Milk			
Meat			
Grain			
Fruit	FULL	FULL	
Veg	PARTIAL	PARTIAL	





Is this a reimbursable meal ?	
Elementary	High School
YES	YES

	Components Served		
	Elementary High School		
Milk	FULL	FULL	
Meat			
Grain			
Fruit	FULL	FULL	
Veg	PARTIAL	PARTIAL	





Is this a reimbursable meal ?	
Elementary	High School
ΝΟ	ΝΟ

	Components Served		
	Elementary High School		
Milk	FULL	FULL	
Meat			
Grain			
Fruit	FULL	PARTIAL	
Veg			





Is this a reimbursable meal?	
Elementary	High School
ΝΟ	ΝΟ

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain		
Fruit	FULL	FULL
Veg	FULL	FULL





Is this a reimbursable meal ?	
Elementary	High School
YES	YES

	Components Served	
	Elementary	High School
Milk		
Meat	FULL	FULL
Grain	FULL	FULL
Fruit	FULL	PARTIAL
Veg		





Is this a reimbursable meal ?	
Elementary	High School
YES	YES

	Components Served	
	Elementary	High School
Milk	FULL	FULL
Meat	FULL	FULL
Grain	FULL	FULL
Fruit	FULL	PARTIAL
Veg	PARTIAL	PARTIAL





Is this a reimbursable meal ?	
Elementary	High School
ΝΟ	ΝΟ

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain		
Fruit	FULL	PARTIAL
Veg	FULL	FULL





Is this a reimbursable meal?	
Elementary	High School
ΝΟ	ΝΟ

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain		
Fruit	FULL	PARTIAL
Veg	FULL	FULL





Is this a reimbursable meal ?	
Elementary	High School
ΝΟ	ΝΟ

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain		
Fruit	FULL	FULL
Veg	PARTIAL	PARTIAL





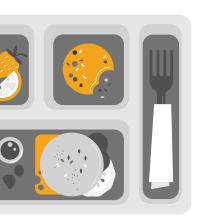
Is this a reimbursable meal ?	
Elementary	High School
ΝΟ	ΝΟ

	Components Served	
	Elementary	High School
Milk	FULL	FULL
Meat		
Grain		
Fruit		
Veg	FULL	FULL



# **NEW MENU ALERT!**

### All Items Offered on the Menu for the Day



REQUIRED COMPONENTS	ITEMS OFFERED	COMPONENT CONTRIBUTION
Milk	Variety of Milk	1 cup
Meat	Taco Meat Cheese	2 oz eq. 1 oz eq.
Grain	Taco Shell Tortilla Chips <i>(*about 9)</i>	<mark>1 oz eq.</mark> 1 oz eq.
<b>F</b>	Mandarin Oranges	1 02 cq. 1/2 cup
Fruit	Mixed Fruit	½ cup
Veg	Corn Taco Trimmings Refried Beans	1 <sup>1</sup> ⁄₂ cup <mark>1<sup>1</sup>⁄₄ cup</mark> 1 <sup>1</sup> ⁄₂ cup





Is this a reimbursable meal ?	
Elementary	High School
ΝΟ	ΝΟ

	Components Served	
	Elementary	High School
Milk	FULL	FULL
Meat	FULL	FULL
Grain	FULL	PARTIAL
Fruit		
Veg	1/4 cup!	1/4 cup!



### Watch those Trimmings!

 If you look at the recipe, you see that the trimmings are not enough to give you the half cup required by the OVS rules

Source: MRS 2021

#### **MEAL COMPONENT CONTRIBUTION:**

3 oz. eq. meat/meat alternate, 1 oz. eq. whole grain, 1/8 cup of other vegetable, 1/8 cup of red/orange vegetable NUMBER OF PORTIONS: 100 SIZE OF PORTION: 1 taco RECIPE HACCP PROCESS: #2 - Same day service









Is this a reimbursable meal ?	
Elementary	High School
YES	ΝΟ

	Components Served	
	Elementary	High School
Milk		
Meat	FULL	FULL
Grain	FULL	PARTIAL
Fruit		
Veg	PARTIAL	PARTIAL





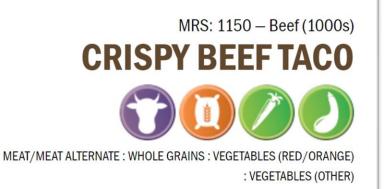
### Watch those Taco Shells!

- The taco shell only gives you 1 oz eq of Grain
- This is a full component for the Elementary level, but not the High School level.
- High School students may have to pick up an additional serving of chips to get the full grain component

Source: MRS 2021

#### **MEAL COMPONENT CONTRIBUTION:**

3 oz. eq. meat/meat alternate, 1 oz. eq. whole grain, 1/8 cup of other vegetable, 1/8 cup of red/orange vegetable **NUMBER OF PORTIONS:** 100 **SIZE OF PORTION:** 1 taco **RECIPE HACCP PROCESS:** #2 - Same day service







Is this a reimbursable meal ?	
Elementary	High School
YES	YES

	Components Served	
	Elementary	High School
Milk	FULL	FULL
Meat	FULL	FULL
Grain	FULL	PARTIAL
Fruit		
Veg	FULL	PARTIAL





Is this a reimbursable meal ?	
Elementary	High School
YES	ΝΟ

	Components Served	
	Elementary	High School
Milk		
Meat	FULL	FULL
Grain	FULL	PARTIAL
Fruit		
Veg	FULL	PARTIAL





Is this a reimbursable meal ?	
Elementary	High School
YES	ΝΟ

	Components Served		
	Elementary	High School	
Milk	FULL	FULL	
Meat			
Grain			
Fruit	FULL	PARTIAL	
Veg	PARTIAL	PARTIAL	





Is this a reimbursable meal ?	
Elementary	High School
YES	YES

	Components Served		
	Elementary High School		
Milk	FULL	FULL	
Meat			
Grain			
Fruit	FULL	FULL	
Veg	PARTIAL	PARTIAL	





VITAMIN A & D

Is this a reimbursable meal ?	
Elementary	High School
YES	YES

	Components Served		
	Elementary	High School	
Milk	FULL	FULL	
Meat			
Grain			
Fruit	FULL	PARTIAL	
Veg	FULL	FULL	



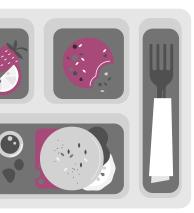
# **OVS at Breakfast**





# **OVS Rules at Breakfast**

# 7 CFR 220.8(e) and SP 41-2015



- The site must offer at least 4 food items (not to be confused with components, remember there are 3 required components at breakfast)
- Students must be allowed to decline 1 of the 4 items that are offered at breakfast
- Students must select at least a half cup of fruit (or veg)

At minimum, the student must select 3 items, 1 of which must be a fruit (veg)!



# **Component Versus Item**



- **Component**: one of three food groups (Grains, Fruit, Milk) that comprise a reimbursable breakfast.
- **Item**: a specific food offered within the three food components.

In this menu example, we see three components and four items represented. Two of the items (muffin and toast) come from the same component (grain). Menu: Muffin, Toast, Apple, Milk

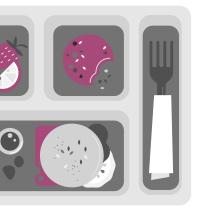


# Remember, at lunch we deal with components. At Breakfast we deal with items!



# **OVS Rules at Breakfast**

### What about Meat at Breakfast?



- M/MA can be offered once a full serving of true grain has been offered on the menu.
- The student does not have to pick up the true grain before they pick up the M/MA. The true grain just has to be on the menu before the M/MA can count.
- The Student can pick up the M/MA and have it count toward the reimbursable meal item total as long as the menu planner has specified that the M/MA will count toward the Grain.



# **OVS Rules at Breakfast**

### **Menu Planner Discretion & Counting Items**

- The Menu planner decides how to count items.
- Combination foods can count as multiple items.
- F a ite
  - For example, a muffin with 2 oz eq. of grain can count as two items, or a sausage biscuit can count as two items.
  - The menu planner must communicate this information to the Cashier!



# **SBP Meal Pattern**

### **Knowledge of Meal Pattern is essential to OVS implementation**

	SBP Meal Pattern – Daily Minimum Requirements		
	K-8	6-8	9-12
Grain*	1 oz eq.	1 oz eq.	1 oz eq.
Fruit/Veg	1 cup	1 cup	1 cup
Milk	1 cup	1 cup	1 cup

\*NOTE: Meats are optional at breakfast. If served, they can count toward the grain component at the discretion of the menu planner. However, you must offer the full component of a true grain.



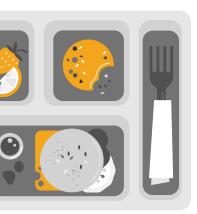
# Let's Practice!

# OVS at Breakfast (SBP)



# **MENU OVERVIEW**

### All Items Offered on the Menu for the Day

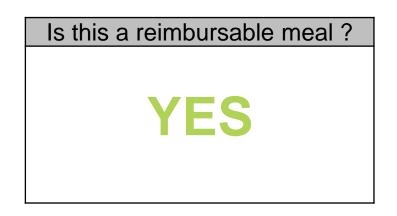


REQUIRED COMPONENTS	<b>ITEMS OFFERED</b> *must serve at least 4	CONTRIBUTION	COUNTS AS HOW MANY ITEMS *menu planner discretion
Milk	Variety of Milk	1 cup	1
Grain *includes optional meats	Biscuit Sausage Patty Chicken Patty Eggs	2 oz eq G 1 oz eq. M 1 oz eq. M 1.5 oz eq M	1 (*menu planner could decide to count this as 2!) 1 1 1 1 1 1
Fruit / Veg	Apple Orange Juice Hashbrown	<ul> <li>½ cup</li> <li>½ cup</li> <li>½ cup</li> <li>½ cup</li> <li>½ cup (*2 patties)</li> </ul>	1 1 1

### Additional Foods: Bacon





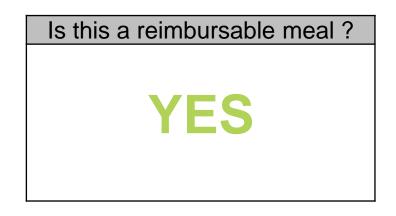


	Items Served
Milk	1
Grain	3
Fruit/Veg	2





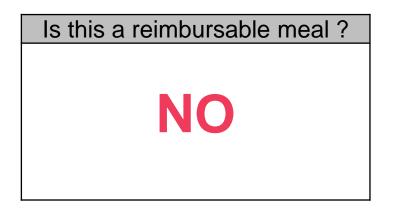




	Items Served
Milk	
Grain	2
Fruit/Veg	1







	Items Served
Milk	1
Grain	
Fruit/Veg	1



### Watch that Bacon!



- Bacon does not count toward the meat component
- Considered an "Additional Food" rather than a meat component
- Cannot count as an item at breakfast

 Source: MRS 2021
 MRS: 8110 - Condiments/Other (8000s)

 **BACON STRIPS** 

 MEAL COMPONENT CONTRIBUTION:

 None

 NUMBER OF PORTIONS: 100 SIZE OF PORTION: 2 slices

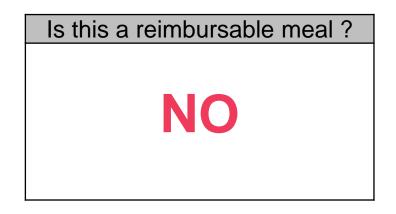
 RECIPE HACCP PROCESS: #2 - Same day service



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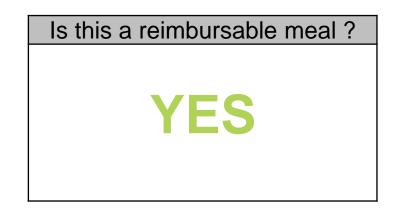




	Items Served
Milk	
Grain	3
Fruit/Veg	



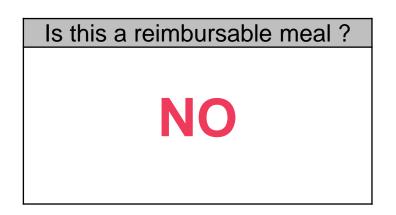




	Items Served
Milk	
Grain	3
Fruit/Veg	1



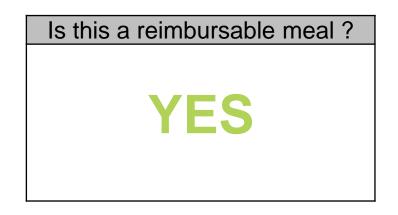




	Items Served
Milk	
Grain	1
Fruit/Veg	



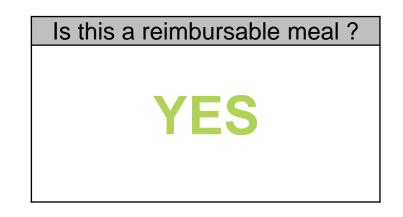




	Items Served
Milk	
Grain	2
Fruit/Veg	3





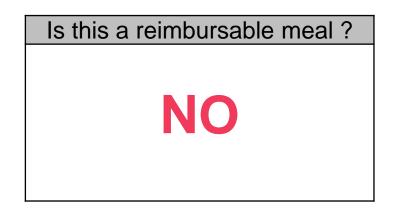


	Items Served
Milk	1
Grain	2
Fruit/Veg	1



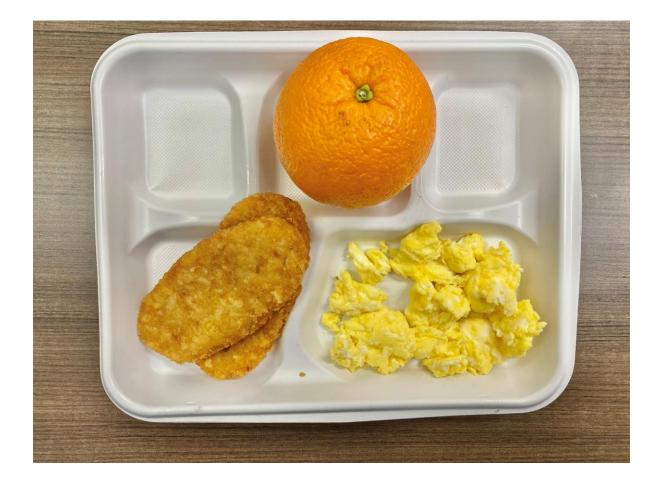


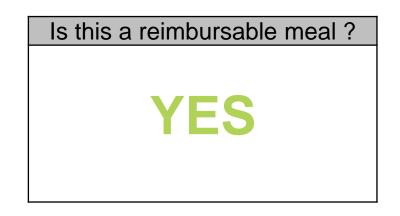




	Items Served
Milk	
Grain	4
Fruit/Veg	

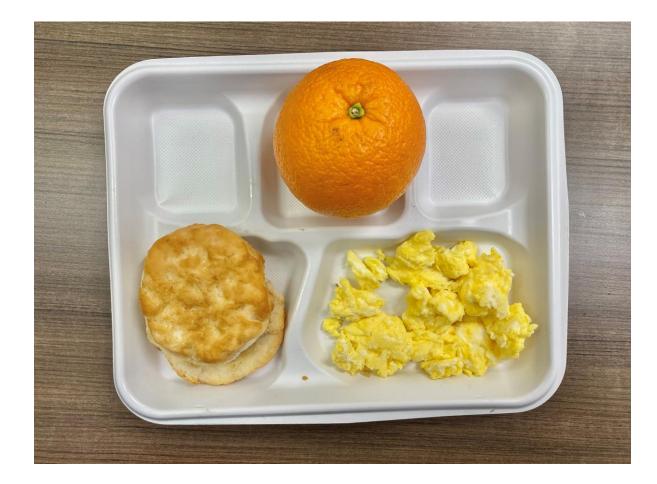


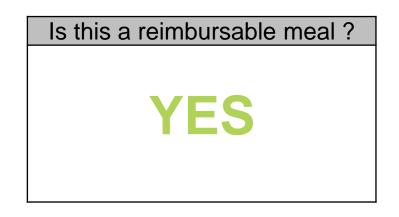




	Items Served
Milk	
Grain	1
Fruit/Veg	2



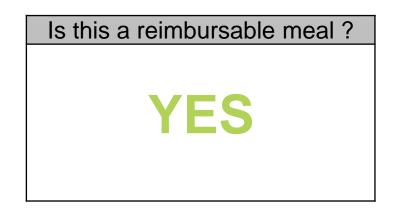




	Items Served
Milk	
Grain	2
Fruit/Veg	1



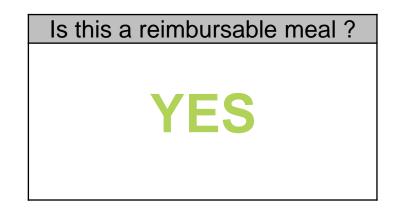




	Items Served
Milk	1
Grain	1
Fruit/Veg	1





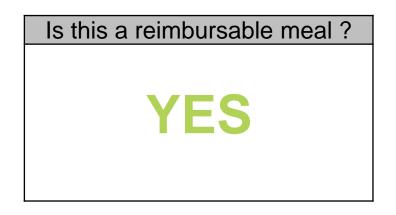


	Items Served
Milk	
Grain	
Fruit/Veg	3







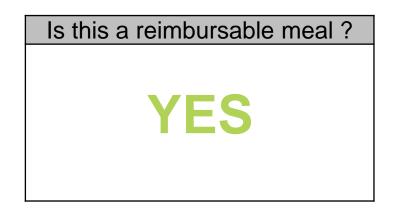


	Items Served
Milk	
Grain	
Fruit/Veg	3







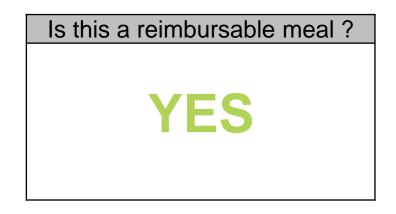


	Items Served
Milk	
Grain	1
Fruit/Veg	2



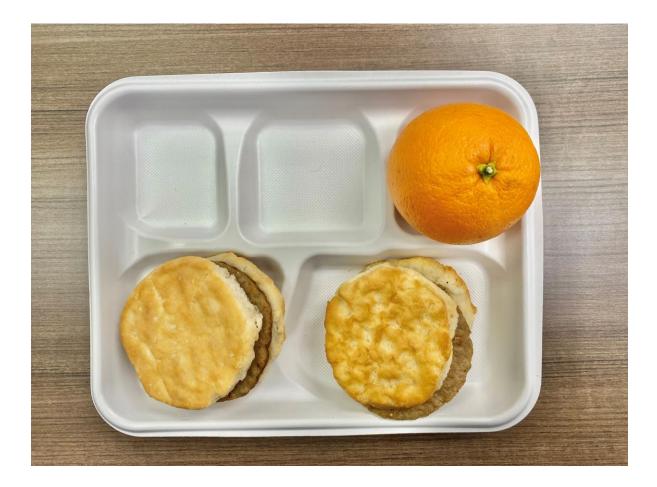


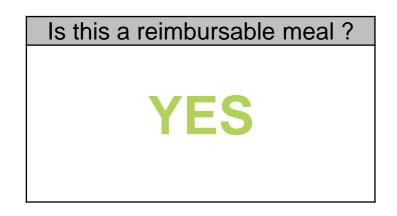




	Items Served
Milk	
Grain	1
Fruit/Veg	2





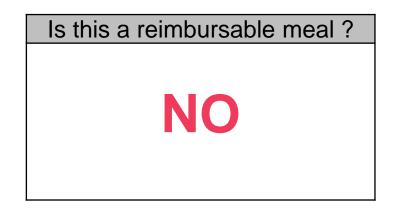


	Items Served
Milk	
Grain	4
Fruit/Veg	1





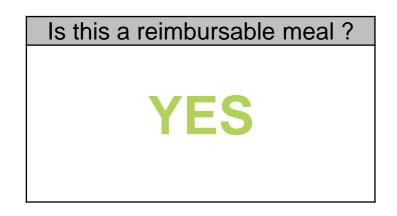




	Items Served
Milk	
Grain	2
Fruit/Veg	



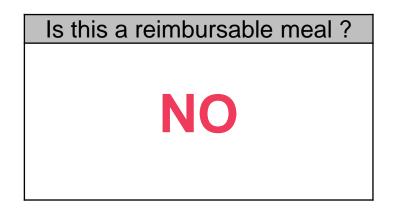




	Items Served
Milk	
Grain	2
Fruit/Veg	1





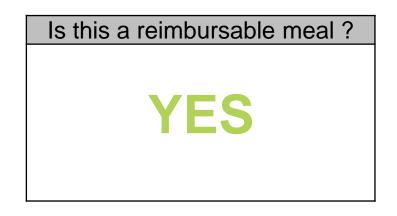


	Items Served
Milk	1
Grain	2
Fruit/Veg	





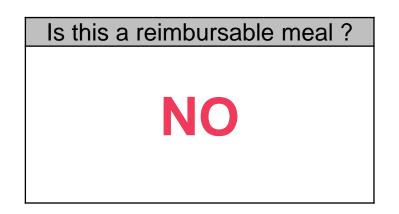




	Items Served
Milk	
Grain	2
Fruit/Veg	1





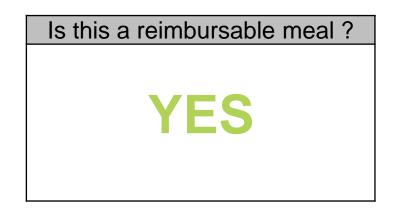


	Items Served
Milk	
Grain	1
Fruit/Veg	1





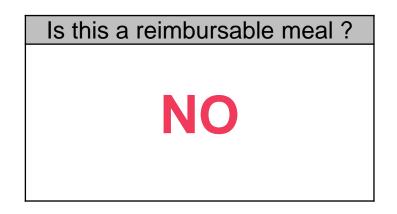




	Items Served
Milk	
Grain	1
Fruit/Veg	2



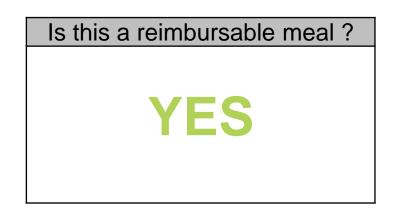




	Items Served
Milk	1
Grain	2
Fruit/Veg	





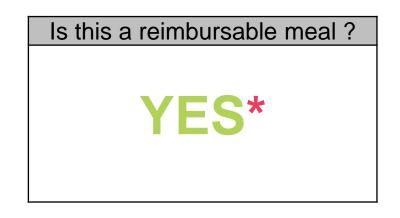


	Items Served
Milk	
Grain	4
Fruit/Veg	1









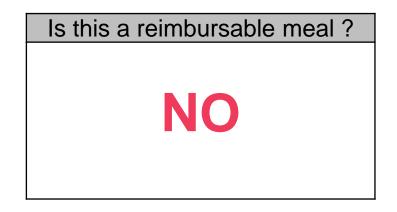
	Items Served
Milk	1
Grain	2
Fruit/Veg	1

#### \*SALT SHOULD NEVER BE SERVED FOR ANY REASON!!!







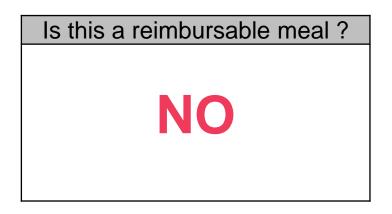


	Items Served
Milk	
Grain	1
Fruit/Veg	1





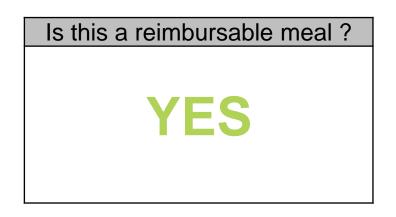




	Items Served		
Milk			
Grain	1		
Fruit/Veg	1		





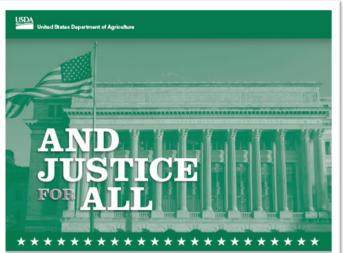


	Items Served
Milk	1
Grain	2
Fruit/Veg	1









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To fail a program discrimination complete, a completenet should complete Even (AD-1027) USON Program Discrimination complete Form, which can be obtained or form, at https://burget. Form.com/do.go/discrimination form.by colling/16/1000 Constrained Completene Form.com/do.go/discrimination.com/should be applied form.com/do.go/discrimination.com/should be applied for the state of the should be applied for the applied discrimination and the completeness of the alleged decliminatory action in sufficient detail to inform the alleged decliminatory action in sufficient detail to inform the alleged decliminatory action in sufficient detail to inform the alleged decliminatory action in sufficient detail to inform the alleged decliminatory action. The completed AD-3027 form or later mult be submitted to USDA by:

mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

(833) 255-1665 or (202) 690-7442; email: program.intaka@usda.gov. This institution is an equal opportunity provider

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Para presentar una quaip por discriminación en el programa, el reclamante debe completar un formulario D. 10027, Permutario de boharra se lines en histori/invento securada pourle ancienta historia de boharra se lines en histori/invento acuruda pourle ancienta historia. Il Stato AMSC Perced-Completar Erran 0000, 1002: 400-11.28. Il Stato AMSC Perced-Completar Erran 0000, 1002: 400-11.28. Il Stato AMSC Perced-Completar Erran 0000, 1002: 400-11.28. Il Stato AMSC Perced-Completar Erran 0000 attestato de debe continure o anotas la difección y al número de al Bédia debe continure o antestato di socia per al formar el Schesoratiro de Denchos Cinika (ASCR por sus egistes an ingliaj sobre la naturataza y la forcia de la presentaria violeción de los devechos critika. La conta o el formalario ALD-3027 completado debe anviarse al USDA por maio dex

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(833) 256-1865 o' (202) 690-7442; correo electrónico: program.intake@usda.gov. Esta institución ofrece igualdad de oportunidades.

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## Non-Discrimination<sup>88</sup>

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### Full Non-Discrimination Statement link:

https://www.fns.usda.gov/civil-rights/ usda-nondiscrimination-statementother-fns-programs



# **Office of Child Nutrition**

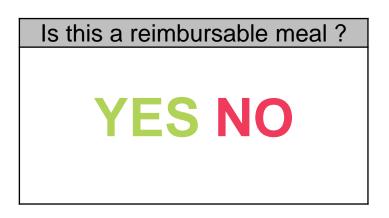




Is this a reimbursable meal ?		
Elementary	High School	
YES	ΝΟ	

	Components Served				
	Elementary		High School		
Milk	FULL	PARTIAL	FULL	PARTIAL	
Meat	FULL	PARTIAL	FULL	PARTIAL	
Grain	FULL	PARTIAL	FULL	PARTIAL	
Fruit	FULL	PARTIAL	FULL	PARTIAL	
Veg	FULL	PARTIAL	FULL	PARTIAL	





	Items Served
Milk	
Grain	
Fruit/Veg	

