# NSLP Afterschool Snack

mdek12.org



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Program Specialist



## Requirement for Sites to Participate

- The SFA must participate in the NSLP lunch component in order for a site operated by the SFA to operate the NSLP Afterschool Care Program (ASCP).
- Site must sponsor or operate an approved afterschool care program to be eligible --- Includes supervised educational or enrichment activities.

Educational or Enrichment activities must be open to all children and cannot limit enrollment or membership on the basis of a child's ability



## **Acceptable Enrichment Activities**

**Eligible Activities**: homework assistance, tutoring, supervised "drop in" athletic programs, extended day programs, drama activities, arts and crafts

\*students who are part of school sports teams and clubs can receive afterschool snacks or meals as part of a board, overarching educational or enrichment program offered by the school. Individual school athletes who attend afterschool programs before or after team practices may receive meals and snacks

Ineligible Activities: organized interscholastic programs or community-level competitive sports



## **SFA** Responsibilities



- Eligibility
- Accountability
- Monitoring
- Meal Pattern
- General Areas



## **NSLP – Afterschool Care Program (ASCP)**

How do children qualify for free and reduced-price afterschool snacks?

- If it is an area eligible site, all children receive a snack at no charge. A site is area eligible if it is located at a school or in the attendance area of a school where at least 50% of the enrolled children are eligible for free and reduced-price meals.
  - Must maintain documentation of site's area eligibility
- If the site is not area eligible, the site must use a child's free and reduced-price status to determine eligibility for the ASCP
  - Free/Reduced-priced eligibility documentation for each child is required



#### **Meal Service**



- Occurs after the end of school day
- No time lapse requirement
- Operated on days school is in session
- Program operated or sponsored by SFA
- SFA retains all administrative and fiscal responsibility



A reimbursable snack must contain full servings of any two of the following four food components:

- Fluid Milk 8 ounces
- Fruit, Vegetable, or 100 percent Juice ¾ cup
- Grain/Bread 1 oz eq.
- Meat/Meat Alternate 1 ounce meat, for example



## **Important Notes on ASCP Meal Pattern**

| Requirement          | Requirement Description  |
|----------------------|--|
| Multiple Components  | Each snack provides two different components in full portion size                |
| Beverage Limitation  | Juice may not be served at snack when milk is served as the only other component |
| Grain-based desserts | Sweet snack foods should not be served more than twice a week                    |
| Crediting            | Based on ounce equivalents or cups depending on the component                    |
| Whole grain-rich OVS | No whole grain-rich requirement<br>NOT allowed                                   |
| Potable Water Access | Recommended, not required  |



# Just a quick visual reminder

## DO NOT SERVE TWO BEVERAGES FOR SNACK!





- A written menu is required
- Cycle menus recommended
- USDA foods may be used



#### Two On-Site Reviews

- First must be completed within first 4 weeks of program operations
- Second prior to the conclusion of the program
- Must Assess compliance with
  - Meal counting and claiming
  - Meal pattern
  - Production records
- Record Retention: 3 years plus additional year (until audit findings are resolved)



#### **Records that Must Be Retained**

(if applicable for sites **non area eligible**) **free and reduced-price applications** for all children for whom free and reduced priced snacks are claimed

**Meal counts** (total for sites qualifying for free reimbursement for all children: meal counts by type for other sites)

(if applicable for **area eligible sites**), provide documentation of the attendance area within which the applicant sites are located to **confirm area eligibility** 

Documentation of compliance with meal pattern requirements and production records



Lists all students participating

Counts number of reimbursable snacks

Counts taken a point of service





#### **Reimbursement Claims**



- Written procedures for how snacks are counted and consolidated
- Claim filing process similar to lunches
- Due by 10th of month following service
- No claims prior to agreement approval for ASCP



#### Documents:

- Menu
- Meal Components
- Portion Sizes offered, served, and leftover
- Supports number of reimbursable snacks

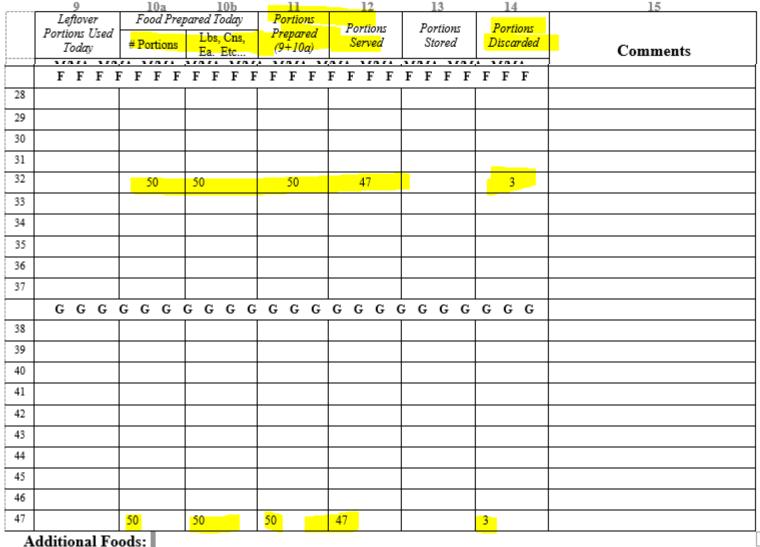


## **ASCP Production Record Example**

| Date:           | 2  | 3a             | 3b            | 4                           | 5  | 6  | 7      |                           | 8            |                   |    |
|-----------------|--|----------------|---------------|-----------------------------|--|--|--------|---------------------------|--------------|-------------------|----|
| Participation   | MENUS  | Plan<br>Extra  | Stra<br>Prins | FOOD ITEMS                  | В  | L  | S<br>N | CONTR                     | IBUTI<br>IZE | ON                |    |
|                 | Cheesy Druccon                                     | l I            | 1             | FRUIT F E E E E             |  | ·  | E E    | FFF                       | F            | <br>E E           | F. |
| ADULTS          | Whole Wheat Garlic Toast<br>Saltine Crackers       |                |               | ORANGES                     | K I  | E E  | E E    | <b>E. E. E</b><br>■ '⁄2 C |              | <u>ጜ</u> ጜ<br>% C | 28 |
| PAID:           | Fruit Fresh, Assorted<br>Fruit, Assorted Canned    |                |               | RED APPLES                  | X  | X  |        | ½ C                       |              | % C               | 29 |
|                 | Chocolate Milk<br>Strawberry Milk                  |                |               | GREEN APPLES                | X  | X  | _      | ½ C                       |              | % C               | 30 |
|                 | Low Fat Milk                                       |                |               | BANANAS                     | X  | X  |        | ½ C                       |              | % C               | 31 |
| INKIND:         | Ketchup<br>Mayonnaise                              |                |               | FRUIT JUICE ASSORT          | А  | ^  | х      | 6oz C                     |              | /20               | 32 |
|                 | Mustard, PC, MS1538                                |                |               | TROTT FORCE TISSORT         |  | •  | ^      | ½ C                       |              | ½ C               | 33 |
|                 |  |                |               |                             | -  | -  |        | ½ C                       |              | % C               | 34 |
| TOTAL:          |  |                |               |                             | -  | $\vdash$   |        | ½ C                       |              | ½ C               | 35 |
| TOTAL.          |  | SE, WG 20   30 |               | PARFAIT = 2 GRAINS 1//2 C F | x  | -  |        | ½ C                       |              | % C               | 36 |
|                 |  |                |               | JUICES                      | X  | <del>                                     </del> |        | ½ C                       |              | ½ C               | 37 |
|                 |  |                |               | GRAINS G G G G              | G  | G G  | G      | G G G                     | G            | G G               |    |
|                 |  |                |               | BISCUITS                    | X  | 36. 36.<br>T                                     | 360    | 20z                       | · •          | 2oz               | 38 |
|                 |  |                |               | CEREAL                      | x  | $\vdash$   |        | 1oz                       |              | 1oz               | 39 |
|                 |  |                |               | POPTARTS                    | x  | $\vdash$   |        | 1oz                       | $\vdash$     | 1oz               | 40 |
|                 |  |                |               | MUFFINS                     | x  |  |        | 1oz                       |              | 1oz               | 41 |
|                 |  |                |               | CEREAL BAR                  | X  | <del>                                     </del> |        | 1oz                       |              | 1oz               | 42 |
|                 | TORTILLA CHIPS, NACHO CHEESE, WG FRUIT JUICE (60Z) |                | ,             | YOGURT                      | X  |  |        | 1oz                       |              | 1oz               | 43 |
| AFTER<br>SCHOOL |  |                |               | CHEESE STICKS               | X  |  |        | 1oz                       |              | 1oz               | 44 |
| SNACKS          |  |                |               | GARLIC Toast                | <del>                                     </del> | X  |        | 1 oz                      |              | 1oz               | 45 |
| SERVED:         |  |                |               | BUN                         |  | х  |        | 2 oz                      |              | 2oz               | 46 |
| Students:       |  |                |               | TORTILLA CHIP, NACHO        |  |  | Х      | 1 oz                      |              |                   | 47 |
|                 |  |                |               | MILK M M M M M M            | M I  | им   | M I    | имм                       | M            | м м               |    |
| 0               |  |                |               | WHITE MILK 1%               | 32   | 62   |        | 1C                        |              | 1C                |    |



## **ASCP Production Record Example – Right**





## **ASCP Production Record Example**

| Participation                         |
|---------------------------------------|
| AFTER SCHOOL SNACKS SERVED: Students: |



# **Civil Rights**

- Display poster where snacks are served
- Approved non-discrimination statement



## **Food Safety**

- Add ASCP to school's existing HACCP Plan
- Written procedures must cover storage, preparation, and service



## **Snack Changes**

Adds bean dip to the list of foods exempt from the total fat standard in the Smart Snacks regulation:

- Exemption applies to products marketed as hummus, as well as dips made from any variety beans, peas, or lentils.
- Bean dip will still need to meet the saturated fat standard for smart snacks.

Aligns NSLP afterschool snack meal pattern requirements for K-12 children with the CACFP snack meal pattern requirements with an implementation date of July 1, 2025.



## **Snack Changes**

| Topic                 | OLD NSLP Snacks<br>Requirements for K-12<br>Children | NEW NSLP Snacks Requirements for K-12 Children (Must be Implemented July 1, 2025) |
|-----------------------|--|---|
| Total number of snack | Snacks must contain two                              | Snacks must contain two   |
| components            | different components out                             | different components out of five  |
|                       | of four total components                             | total components  |
| Milk                  | No regulatory requirements                           | Milk must be fat-free or low-fat  |
|                       | for fat or flavoring in                              | and may be unflavored or  |
|                       | NSLP snacks  | flavored  |
| Fruit and vegetable   | Fruits and vegetables are                            | Fruits and vegetables are two   |
|                       | part of a single component                           | separate components   |



| Topic            | OLD NSLP Snacks<br>Requirements for K-12<br>Children                             | NEW NSLP Snacks<br>Requirements for K-12<br>Children (Must be<br>Implemented July 1, 2025)  |
|------------------|--|---|
| Juice            | No regulatory juice limits in NSLP snacks  | No more than half (50 percent)<br>of the weekly fruit and<br>vegetable offerings in NSLP<br>snacks are in the form of juice           |
| Whole grain-rich | No regulatory requirements<br>to offer whole grain-rich<br>grains in NSLP snacks | At least 80 percent of the weekly grains offered in NSLP snacks must be whole grainrich, based on ounce equivalents of grains offered |



| Topic                 | OLD NSLP Snacks             | NEW NSLP Snacks                                |
|-----------------------|-----------------------------|--|
|                       | Requirements for K-12       | Requirements for K-12                          |
|                       | Children                    | Children (Must be<br>Implemented July 1, 2025) |
| Cooler board descents | No manufatama manuinamanta  | Implemented July 1, 2025)                      |
| Grain-based desserts  | No regulatory requirements  | Grain-based desserts do not                    |
|                       | for grain-based desserts in | count toward the grains                        |
|                       | NSLP snacks                 | requirement                                    |
| Deep-fat fried foods  | No regulatory requirements  | Foods that are deep-fat fried on-              |
|                       | for deep-fat fried foods in | site are not reimbursable NSLP                 |
|                       | NSLP snacks                 | snacks   |
| Added sugars          | No regulatory added sugars  | Breakfast cereals must contain                 |
|                       | limits in NSLP snacks       | no more than 6 grams of added                  |
|                       |                             | sugars per dry ounce and yogurt                |
|                       |                             | must contain no more than 12                   |
|                       |                             | grams of added sugars per 6                    |
|                       |                             | ounces <sup>110</sup>                          |



#### **Non-Discrimination Statement**



This institution is an equal opportunity provider.

Full Non-Discrimination Statement link:

https://www.fns.usda.gov/civilrights/usda-nondiscriminationstatement-other-fns-programs

MAKE NOTE OF RECENT CHANGES



- Afterschool Snack Service Crediting Chart
- ASCP Memo Feb 1999



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