Nutrient Analysis and MRS Updates

Betsy Redfern Pennington, MS, RD, LD

Lead Registered Dietitian Nutritionist

mdek12.org





VISION

To create a world-class educational system that gives students the knowledge and skills to be successful in college and the workforce, and to flourish as parents and citizens

MISSION

To provide leadership through the development of policy and accountability systems so that all students are prepared to compete in the global community





State Board of Education STRATEGIC PLAN GOALS



ALL Students Proficient and Showing Growth in All **Assessed Areas**

EVERY School Has Effective Teachers and Leaders





EVERY Student Graduates from High School and is Ready for College and Career

EVERY Community Effectively Uses a World-Class Data System to Improve Student Outcomes





EVERY Child Has Access to a High-Quality Early Childhood Program

EVERY School and District is Rated "C" or Higher







Topics of Discussion:

- Type of Updates to Nutrient Analysis Software
- Updates for three major software solutions:
 - NutriKids
 - Mosaic
 - PrimeroEdge
- MRS Online



Software Updates: Completed by the manufacturer

- Fix errors in the software
- Addition of software features
- Reorganizing data
- Adding functionality
- Other things related to what the software offers to the user

Announcements about this type of update come from the SOFTWARE COMPANY.



- Products change (additions and discontinuations)
- Errors are found in the ingredients and recipes
- Crediting or nutrients change
- Other things related to the ingredients or recipes

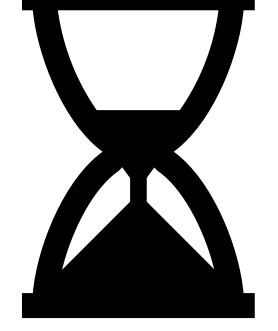
Announcements about this type of update come from BETSY.





Software Updates: Completed by the manufacturer

- USDA has allowed for software companies to make updates to follow the new final rule through the 2024/2025 school year.
- By fall 2025, the software systems are required to be updated.
- This means that you will see changes to features in all software systems over the next year.







Do NOT skip either type of update!



NutriKids



Software Updates: Sent by Nutrikids/Heartland

- Update from 2023: Sodium update to make Target 1A the standard for lunch
 - Run a menu spreadsheet report for a lunch meal period. If you do not have Sodium Target 1A, your software needs to be updated.



Calories

Cholesterol (mg)

Sodium 1 (mg)

Sodium 1a (mg)

Fiber(g)

Iron (mg)

Calcium (mg)

Vitamin A (IU)

Sugars (g)

Vitamin C (mg)

Protein (g)

Carbohydrate (g)

Total Fat (g)

Saturated Fat (g)

Trans Fat1 (g)





Software Updates: Sent by Nutrikids/Heartland

- Meal pattern updates to accommodate the changes in the final rule will need to be made
- Currently the ingredient entry section does not include a space for added sugar to be entered.

		 _	100.000 Grams	_
Sugars		g		g
Protein		g		g
Iron	% or	mg		mg
Calcium	% or	mg		mg
Vitamin A	% or	IU		IU
Vitamin C	% or	mg		mg
Water¹		g		g
Ash¹		g		g





Nutrikids

Incorrect- "MS####"

Chicken Spaghetti MS542
Steak Fingers, Baked MS180
Seasoned Green Beans MS1044
California Vegetables MS1054
Fruit Cocktail MS1248
Fresh Fruit Cup MS1250
Roll, Whole Wheat Pur1ozMS1356
Sauce, Hot, PC MS1548
Milk, FF, Van, 1/2 pt. MS1704
Milk, FF, Choc, 1/2 pt., MS1602
Milk, FF, Strwbery, 1/2 pt. MS1604
Milk, LF, 1%, White, 1/2 pt, MS1608
Chef Salad, Elementary, MS601
Dressing, FF, Assort, 12g MS1518
Saltine Crackers, WG MS1369



Hamburg Steak wGravy MR M1015
Chicken Patty Sand Baked M4150
Mashed Potatoes M6070
Green Peas, Canned M6035
Roll, Whole Wheat Pur1oz M7135
Chilled Pears Diced M6850
Fresh Fruit Bowl Variety M6715
Milk, FF White1/2 pt. PF M100
Milk, FF Choc 1/2 pint PF M120



- Many reports submitted for administrative review include outdated recipes.
- All current MRS recipes include "M####" at the end. If you see "MS####" or any recipes with "###", those are outdated recipes.
- The recipe file on the MDE website includes all MRS recipes to accommodate for skipped updates.





Nutrikids

NutriKids® Files:

Version 22.2 of NutriKids® or Higher must be used for this update. STEPS:

- 1. Save the file to your computer
- 2. Access the folder where the file is located and unzip the file. It should be changed to a .dat file.
- Use the transfer utility tool to import the file into the nutrient database program.
- 4. Do not open or unzip the file.

NEW: The data files of new or updated ingredients are the Fall 2023 update to the Nutrient Database. There is one file for all regions. Importing these **ingredient database files will not delete district recipes or menus.**

Fall 2023 Ingredients All

NEW: The data files below are the Fall 2023 updates to the NK Recipe Database. Many recipes were changed. Each file contains all of the MRS recipes for that region. Also listed are files of recipes for Prairie Farms and Borden milk. Importing these recipe database files will not delete district recipes or menus.

Fall 2023 Recipes Regions 1 and 2 Fall 2023 Recipes Regions 3 to 7

Fall 2023 Recipes Borden

Fall 2023 Recipes Prairie Farms

Download Database

The following will replace all the data in your nutrient database program.

To use this file, do not Open or unzip the file, use the following steps:

- 1. Save the file to your computer
- 2. Access the folder where the files is located and unzip the file. It should be changed to a .dat file.
- 3. Use the Restore tool to replace the current database in the nutrient database program. This will replace all of the data in your nutrient database program and erase any district data.

NEW: NKW Database Fall 2023 The Fall 2023 updated database



Data Updates: No longer maintained by MRS Team

- If a space for added sugar is created, SFSAs will need to add all added sugar data.
- If any other errors or changes that result in a need for ingredient or recipe data updates occur, SFSAs will need to make those updates.



Mosaic



Software Updates: Sent by Mosaic/Heartland

- When you log in, the home page will show announcements about any updates that were completed.
- Because this is a cloud-based system, the user typically does not have to manually install updates. Mosaic will push the update through for you!

Announcements

An update to the USDA Child Nutrition Database version 26 is available.

See details

Back of House 3.18 is here

The latest version of Mosaic Back of the House has been automatically updated and made available in your district.

SEE WHAT'S NEW





Mosaic

Recipe Description:

Mississippi

NO IMAGE



AVAILABLE

Mississippi Recipes November 2023 All Regions

By Mississippi Recipes for Success November 2023

Portion: 1 Serving



Mississippi Recipes November 2023 Full Maste...

Portion: 1 Serving

By Mississippi Recipes for Success November 2023





AVAILABLE

Mississippi Recipes November 2023 Regions 1... Portion: 1 Serving

By Mississippi Recipes for Success November 2023





AVAILABLE

Mississippi Recipes November 2023 Regions 3... Portion: 1 serving

By Mississippi Recipes for Success November 2023

Data Updates: Previously have come from Heartland Staff converting NutriKids files to Mosaic files. Mosaic files will no longer have MRS team updates.

- We have worked with Heartland staff to move as much NutriKids data into Mosaic as we can.
- MRS data that is in Mosaic is available through the community feature. Search "Mississippi" and our files will come up.
- The LAST update from MRS team is the Fall 2023 update.





Mosaic

~

Recipe Description:

Mississippi

NO IMAGE



AVAILABLE

Mississippi Recipes November 2023 All Regions Portion: 1 Serving

By Mississippi Recipes for Success

November 2023

NO IMAGE



AVAILABLE

Mississippi Recipes November 2023 Full Maste...

Portion: 1 Serving

By Mississippi Recipes for Success November 2023

AVAILABLE

Mississippi Recipes
November 2023 Regions 1...
Portion: 1 Serving

NO IMAGE

By Mississippi Recipes for Success November 2023 NO IMAGE



AVAILABLE

Mississippi Recipes November 2023 Regions 3...

Portion: 1 serving

By Mississippi Recipes for Success November 2023



- Older recipe files prior to November 2023 have been removed from Community.
- Options for Updates:
 - Only recipes that changed from April 2023-November 2023:
 - November 2023 All Regions
 - November 2023 Regions 1-2
 - November 2023 Regions 3-7
 - All recipes in the MRS database (use if you have ever skipped updates):
 - November 2023 Full Master List
 - This update takes 1.5 hours to download. Mosaic is working on instructions for this update. They requested you call before installing.





825507	Bacon Cheeseburger 2 oz MS706
<u>991420</u>	Bacon Cheeseburger 2 oz MS706
991603	Bacon Cheeseburger 2 oz MS706



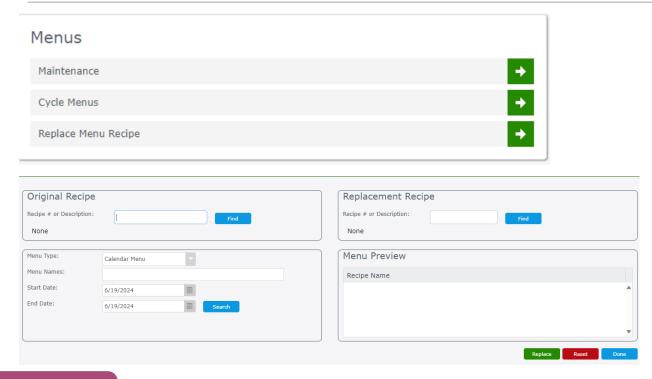
Mosaic is aware of the duplication errors. They are working with the Heartland development team to find a solution and will send information about how to install updates to minimize the duplication soon.

Data Updates: Replacing Recipes

- Once your files are downloaded, they may show as duplicates in your software. The recipe with the highest number is the most recently downloaded for each recipe.
 - Because November 2023 recipes were the last files to be downloaded, you know the highest numbered recipe is the most current.



Mosaic



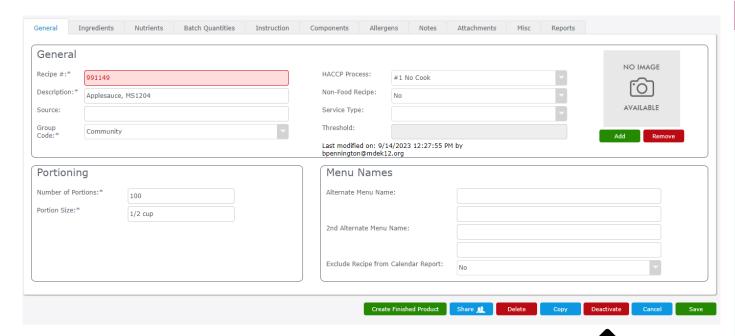
Data Updates: Replacing Recipes

If recipes are built into menus, you can replace old recipes with new recipes by using the "Replace Menu Recipe" function on the Menu tab.





Mosaic



Data Updates: Replacing Recipes

 After replacing the recipes with the November 2023 update, you can go back to the recipe tab and deactivate old recipes.







Reminder: MRS Team is no longer maintaining Nutrikids and Mosaic. If there have been any changes that result in a need for updates since November 2023, SFSAs will need to make those changes to their own database.

All ingredients will require editing by SFSAs to add added sugar information.

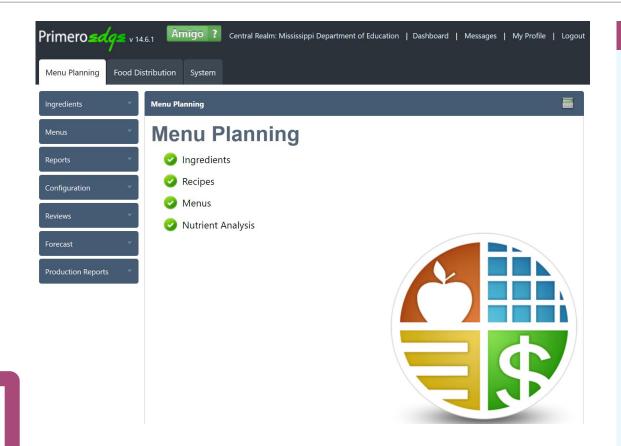


PrimeroEdge

The state agency will now be using PrimeroEdge as our nutrient analysis software system when completing administrative reviews.



PrimeroEdge



MRS team is working on moving MRS data to Primeroedge:

- Complete: Initial import of all ingredients
- Complete: Initial manual entry of all recipes
- In Progress: Individual review and correction of errors found in recipes
- Upcoming: Inputting added sugar data into the software



PrimeroEdge

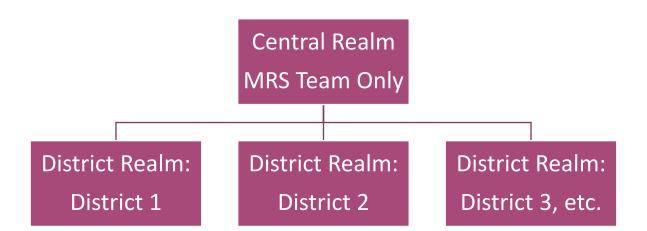


Once data entry is complete by MRS team, SFSAs that purchase PrimeroEdge may utilize MRS team data.

MRS team will maintain
Primeroedge and any updates to ingredients or recipes will automatically push through to SFSA account. There will be no need for SFSAs to go through any data update process once assigned to our central Realm.









Data Updates: How to access data.

Central Realm: MRS Team Only

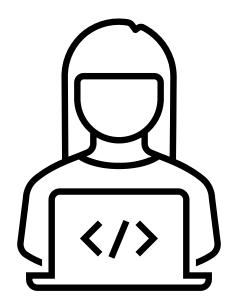
 Data (ingredients and recipes) in this realm can only be edited by MRS Team

District Realm: SFSAs

- SFSAs will have access to all of MRS team data
- SFSAs will also be able to add their own recipes and ingredients, build menus, etc.

MDE anticipates allowing districts to utilize central realm data around September.





Come to Breakout Session 3: Nutrient Analysis 1st Look for a preview of PrimeroEdge.



MRS Online



MRS Online





MRS online is up to date as of November 2023. Once the recipe review is completed in PrimeroEdge, we can start updating MRS online to be more consistent with the order guide.

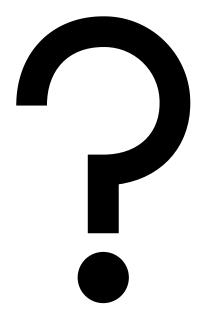
MRS online is dynamic. There have been many updates since November 2023. Our recommendation is to print new recipes at least every 6 months.





Right now, you will see Crumbley recipes in the three nutrient analysis software databases that contain MRS data and on MRS online. Once we have a new distributor and a finalized order guide, we will be able to update PrimeroEdge and MRS online with new distributor data. SFSAs utilizing any other nutrient analysis software will need to update their own data.





Please write down any questions using the question cards at your table.



Betsy Redfern Pennington, MS, RD, LD

Lead Registered Dietitian Nutritionist bpennington@mdek12.org

mdek12.org





This institution is an equal opportunity provider.

Full Non-Discrimination Statement link:





Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity. (Not all prohibited bases apply to all

Program information may be made available in languages other than English. Persons with disabilities who require alternative man of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that admiristers the program or USDA's TARGET Center at (202) 720-2800 (voice and TTY) or contact USDA through the Federal Relay Service at

To file a program discrimination complaint, a complainant should complate a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained or files, a https://www.ascr.usda.gov/sits/delau/files/USDA-045CRF428P-Complaint-Form-5056-002-5061-11-28-17-82-AMsi Jeff, form any USDA office, by calling (869) 602-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

Mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

(833) 255-1555 or (202) 590-7442;

program.intake@usda.gov.

This institution is an equal opportunity provider

Pera presentar una que ja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de que ja por discriminación del programa del USDA, que se puede ebbonar en linea, en https://www.ascr.uuda.gov/situe/defaut/filise/ USDA-0ASCPRICOZ-Completa-Formonos-002-008-10-008-11-30-632-9992, o escribiendo una carta dirigida al USDA. La certa debe contener al nombre, la dirección y el número de taléfono debe contraire al nombre, la dirección y al rumaro de las puestantes on del reclamenta, y una descripción escrit al las las subsetantes del reclamenta, y una descripción estada para informar al lascordario de Derecheo Christe (ASCR) por sus eglas en ingúla jobre la naturalisca y la fecha de la presunta violación de los diverches civiles. La corta o el formulario AD-3027 completado debe envisarse civiles.

correo postal: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW

principios de prohibición aplican a todos los programas).

La información del programa puede estar disponible en otros idiomas adamais del inglia. Las porecesa con discapacidades que requieren medios de comunicación aternativos para obtanor información potre al programa (por signing). Brailla, latra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable qua administra el programa o con al IMPAET Centra del USDA al (2002)

720-2900 (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al (900) 877-8330

Washington, D.C. 20250-9410; o' (833) 256-1665 o' (202) 690-7442;

al USDA por medio de:

Esta institución ofrece igualdad de oportunidades

