OVS in the NSLP/SBP

Becke Bounds

OCN Trainer











State Board of Education STRATEGIC PLAN GOALS



ALL Students Proficient and Showing Growth in All Assessed Areas

EVERY School Has Effective Teachers and Leaders





EVERY Student Graduates from High School and is Ready for College and Career

Uses a World-Class Data System to Improve Student Outcomes





EVERY Child Has Access to a High-Quality Early Childhood Program

EVERY School and District is Rated "C" or Higher







VISION

To create a world-class educational system that gives students the knowledge and skills to be successful in college and the workforce, and to flourish as parents and citizens

MISSION

To provide leadership through the development of policy and accountability systems so that all students are prepared to compete in the global community





Offer Versus Serve

Basics for NSLP/SBP



Offer Versus Serve (OVS)

OVS is a strategy that allows students to decline some components or items and select foods that they intend to eat.

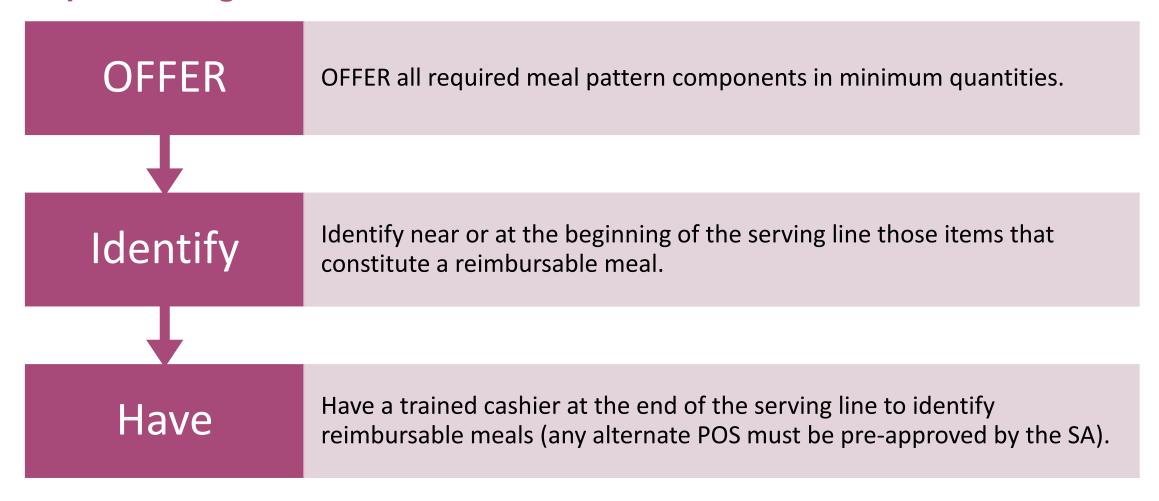
- Reduces food waste and its impact on cost
- Mandatory in the NSLP for high schools
- Optional in SBP (all grades)
- Not available for Snack Service





Basic Requirements

If implementing OVS, the site must:







NSLP Meal Pattern

Knowledge of Meal Pattern is essential to OVS implementation

it 19 - rama mbuid		NSLP Meal Pattern – Daily Minimum Requirements		
		K-8	6-8	9-12
, E	Meat	1 oz eq.	1 oz eq.	2 oz eq.
	Grain	1 oz eq.	1 oz eq.	2 oz eq.
[Vegetable	³⁄₄ cup	³ ∕₄ cup	1 cup
W.	Fruit	½ cup	½ cup	1 cup
	Milk	1 cup	1 cup	1 cup



OVS Rules at Lunch

7 CFR 210.10 (e) and SP 41 - 2015



- Students must be allowed to decline 2 of the 5 required components
- Students must have 3 components on their tray
- One of those components must be at least a half a cup of fruit or vegetable.

At the very minimum, the student needs two full components plus a half cup of fruit/veg to be considered a reimbursable meal.



SP 41 – 2015 (OVS Manual Pg. 10)

• If only 3 components are selected and 2 of those are fruit and vegetable, the student may only select the half cup portion for the fruit OR the vegetable.



• For the other two components, the students must select at least the minimum daily required serving of the components for them to be counted.

For example, if a high school student selects a half cup of corn, a half cup of grapes, and a milk, this is NOT a reimbursable meal!



Let's Practice!

OVS at Lunch (NSLP)



MENU OVERVIEW

All Items Offered on the Menu for the Day



REQUIRED	ITEMS OFFERED	COMPONENT CONTRIBUTION
Milk	White Milk	1 cup
	Chocolate Milk	1 cup
Meat	Meatloaf	2 oz eq.
Grain	Roll	2 oz eq.
Fruit	Mandarin Oranges	½ cup
	Pineapple Tidbits	½ cup
Veg	Potatoes	½ cup
	Broccoli	½ cup





Is this a reimbursable meal?	
Elementary	High School
YES	YES

	Components Served		
	Elementary High Scho		
Milk	FULL	FULL	
Meat	FULL	FULL	
Grain	FULL	FULL	
Fruit	FULL	PARTIAL	
Veg	PARTIAL	PARTIAL	





Is this a reimbursable meal?	
Elementary	High School
YES	NO

	Components Served		
	Elementary High School		
Milk			
Meat	FULL	FULL	
Grain			
Fruit	FULL	PARTIAL	
Veg	PARTIAL	PARTIAL	





Is this a reimbursable meal?		
Elementary	High School	
YES	YES	

	Components Served		
	Elementary High Scho		
Milk	FULL	FULL	
Meat	FULL	FULL	
Grain			
Fruit	FULL	PARTIAL	
Veg	PARTIAL	PARTIAL	





Is this a reimbursable meal?		
Elementary	High School	
YES	YES	

	Components Served		
	Elementary High School		
Milk			
Meat	FULL	FULL	
Grain			
Fruit	FULL	FULL	
Veg	PARTIAL	PARTIAL	



NEW MENU ALERT!

All Items Offered on the Menu for the Day



REQUIRED COMPONENTS	ITEMS OFFERED	COMPONENT CONTRIBUTION
Milk	White Milk	1 cup
	Chocolate Milk	1 cup
Meat	Hamburger Patty	2 oz eq.
Grain	Hamburger Bun	2 oz eq.
Fruit	Mandarin Oranges	½ cup
	Banana	½ cup
Mag	Corn	½ cup
Veg	Broccoli	½ cup
	Green Beans	½ cup





Is this a reimbursable meal?	
Elementary	High School
YES	YES

	Components Served	
	Elementary	High School
Milk	FULL	FULL
Meat	FULL	FULL
Grain	FULL	FULL
Fruit	FULL	PARTIAL
Veg	PARTIAL	PARTIAL





Is this a reimbursable meal?	
Elementary	High School
NO	NO

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain		
Fruit		
Veg	FULL	FULL





Is this a reimbursable meal?		
Elementary	High School	
NO	NO	

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain	FULL	FULL
Fruit		
Veg	FULL	FULL





Is this a reimbursable meal?		
Elementary	High School	
YES	YES	

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain	FULL	FULL
Fruit	FULL	PARTIAL
Veg	FULL	FULL





Is this a reimbursable meal?		
Elementary	High School	
YES	YES	

	Components Served	
	Elementary	High School
Milk		
Meat	FULL	FULL
Grain	FULL	FULL
Fruit	FULL	PARTIAL
Veg	FULL	FULL





Is this a reimbursable meal?		
Elementary	High School	
YES	YES	

	Components Served	
	Elementary	High School
Milk		
Meat	FULL	FULL
Grain	FULL	FULL
Fruit	FULL	PARTIAL
Veg	PARTIAL	PARTIAL





Is this a reimbursable meal?		
Elementary	High School	
NO	NO	

	Components Served	
	Elementary	High School
Milk	FULL	FULL
Meat	FULL	FULL
Grain	FULL	FULL
Fruit		
Veg		





Is this a reimbursable meal ?	
Elementary	High School
NO	NO

	Components Served	
	Elementary	High School
Milk		
Meat	FULL	FULL
Grain	FULL	FULL
Fruit		
Veg		



Watch those trimmings!



- Hamburger trimmings do not count toward the vegetable component
- While this may give you some veg, this is not a full serving of veg, not even a half a cup veg as required to count toward OVS!
- Considered an "Additional Food" rather than a veg component

Source: MRS 2021

MRS: 8290 - Condiments/Other (8000s)

TRIMMINGS

MEAL COMPONENT CONTRIBUTION:

None

NUMBER OF PORTIONS: 100 SIZE OF PORTION: 1 servings

RECIPE HACCP PROCESS: #1 - No cook





Is this a reimbursable meal?	
Elementary	High School
YES*	YES*

	Components Served	
	Elementary	High School
Milk		
Meat	FULL	FULL
Grain	FULL	FULL
Fruit	FULL	PARTIAL
Veg	PARTIAL	PARTIAL

*SALT SHOULD NEVER BE SERVED FOR ANY REASON!!!





Is this a reimbursable meal ?	
Elementary	High School
NO	NO

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain		
Fruit	FULL	FULL
Veg	PARTIAL	PARTIAL





Is this a reimbursable meal?		
Elementary	High School	
YES	YES	

	Components Served	
	Elementary	High School
Milk	FULL	FULL
Meat		
Grain		
Fruit	FULL	FULL
Veg	PARTIAL	PARTIAL





Is this a reimbursable meal?		
Elementary	High School	
NO	NO	

	Components Served	
	Elementary	High School
Milk	FULL	FULL
Meat		
Grain		
Fruit	FULL	PARTIAL
Veg		





Is this a reimbursable meal?	
Elementary	High School
NO	NO

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain		
Fruit	FULL	FULL
Veg	FULL	FULL





Is this a reimbursable meal?		
Elementary	High School	
YES	YES	

	Components Served	
	Elementary	High School
Milk		
Meat	FULL	FULL
Grain	FULL	FULL
Fruit	FULL	PARTIAL
Veg		





Is this a reimbursable meal?		
Elementary	High School	
YES	YES	

	Components Served	
	Elementary	High School
Milk	FULL	FULL
Meat	FULL	FULL
Grain	FULL	FULL
Fruit	FULL	PARTIAL
Veg	PARTIAL	PARTIAL





Is this a reimbursable meal?		
Elementary	High School	
NO	NO	

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain		
Fruit	FULL	PARTIAL
Veg	FULL	FULL





Is this a reimbursable meal?		
Elementary	High School	
NO	NO	

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain		
Fruit	FULL	PARTIAL
Veg	FULL	FULL





Is this a reimbursable meal?		
Elementary	High School	
NO	NO	

	Components Served	
	Elementary	High School
Milk		
Meat		
Grain		
Fruit	FULL	FULL
Veg	PARTIAL	PARTIAL





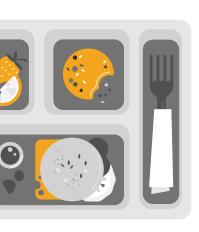
Is this a reimbursable meal?	
Elementary	High School
NO	NO

	Components Served	
	Elementary High Scho	
Milk	FULL	FULL
Meat		
Grain		
Fruit		
Veg	FULL	FULL



NEW MENU ALERT!

All Items Offered on the Menu for the Day



REQUIRED COMPONENTS	ITEMS OFFERED	COMPONENT CONTRIBUTION
Milk	Variety of Milk	1 cup
Meat	Taco Meat	2 oz eq.
Weat	Cheese	1 oz eq.
Grain	Taco Shell	1 oz eq.
	Tortilla Chips (*about 9)	1 oz eq.
Fruit	Mandarin Oranges	½ cup
	Mixed Fruit	½ cup
Voa	Corn	½ cup
Veg	Taco Trimmings	<mark>¼ cup</mark>
	Refried Beans	½ cup





Is this a reimbursable meal?	
Elementary	High School
NO	NO

	Components Served	
	Elementary	High School
Milk	FULL	FULL
Meat	FULL	FULL
Grain	FULL	PARTIAL
Fruit		
Veg	1/4 cup!	1/4 cup!



Watch those Trimmings!



 If you look at the recipe, you see that the trimmings are not enough to give you the half cup required by the OVS rules

Source: MRS 2021

MEAL COMPONENT CONTRIBUTION:

3 oz. eq. meat/meat alternate, 1 oz. eq. whole grain, 1/8 cup of other vegetable, 1/8 cup of red/orange vegetable

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 taco

RECIPE HACCP PROCESS: #2 - Same day service

MRS: 1150 – Beef (1000s)

CRISPY BEEF TACO



MEAT/MEAT ALTERNATE : WHOLE GRAINS : VEGETABLES (RED/ORANGE) : VEGETABLES (OTHER)





Is this a reimbursable meal?	
Elementary	High School
YES	NO

	Components Served	
	Elementary	High School
Milk		
Meat	FULL	FULL
Grain	FULL	PARTIAL
Fruit		
Veg	PARTIAL	PARTIAL



Watch those Taco Shells!



- The taco shell only gives you 1 oz eq of Grain
- This is a full component for the Elementary level, but not the High School level.
- High School students may have to pick up an additional serving of chips to get the full grain component

Source: MRS 2021

MEAL COMPONENT CONTRIBUTION:

3 oz. eq. meat/meat alternate, 1 oz. eq. whole grain, 1/8 cup of other vegetable, 1/8 cup of red/orange vegetable

NUMBER OF PORTIONS: 100 **SIZE OF PORTION:** 1 taco **RECIPE HACCP PROCESS:** #2 - Same day service

MRS: 1150 - Beef (1000s)

CRISPY BEEF TACO



MEAT/MEAT ALTERNATE : WHOLE GRAINS : VEGETABLES (RED/ORANGE) : VEGETABLES (OTHER)





Is this a reimbursable meal?	
Elementary	High School
YES	YES

	Components Served	
	Elementary	High School
Milk	FULL	FULL
Meat	FULL	FULL
Grain	FULL	PARTIAL
Fruit		
Veg	FULL	PARTIAL





Is this a reimbursable meal?	
Elementary	High School
YES	NO

	Components Served	
	Elementary	High School
Milk		
Meat	FULL	FULL
Grain	FULL	PARTIAL
Fruit		
Veg	FULL	PARTIAL





Is this a reimbursable meal ?	
Elementary	High School
YES	NO

	Components Served		
	Elementary High School		
Milk	FULL	FULL	
Meat			
Grain			
Fruit	FULL	PARTIAL	
Veg	PARTIAL	PARTIAL	





Is this a reimbursable meal?		
Elementary	High School	
YES	YES	

	Components Served		
	Elementary High School		
Milk	FULL	FULL	
Meat			
Grain			
Fruit	FULL	FULL	
Veg	PARTIAL	PARTIAL	





Is this a reimbursable meal?		
Elementary	High School	
YES	YES	

	Components Served		
	Elementary High School		
Milk	FULL	FULL	
Meat			
Grain			
Fruit	FULL	PARTIAL	
Veg	FULL	FULL	



OVS at Breakfast / SBP





SBP Meal Pattern

Knowledge of Meal Pattern is essential to OVS implementation

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SBP Meal Pattern – Daily Minimum Requirements

_		K-8	6-8	9-12
	Grain*	1 oz eq.	1 oz eq.	1 oz eq.
9	Fruit/Veg	1 cup	1 cup	1 cup
	Milk	1 cup	1 cup	1 cup



*NOTE: Meats are optional at breakfast. If served, they can count toward the grain component at the discretion of the menu planner. However, you must offer the full component of a true grain.



Breakfast Offer Verses Serve Provision/ OVS

SBP Requirements -3 Components

Milk

Fruit or (Vegetable Sub.)

Grain

OVS
Requirements 4 Food ITEMS

Student may refuse 1 food item

Price remains the same

OVS Rules at Breakfast

7 CFR 220.8(e) and SP 41-2015

Offer	The site must offer at least 4 food items (not to be confused with components, remember there are 3 required components at breakfast)
Be	Students must be allowed to decline 1 of the 4 items that are offered at breakfast
Select	Students must select at least a half cup of fruit (or veg)
Select	At minimum, the student must select 3 items, 1 of which must be a fruit (veg)!



Component Versus Item

- Component: one of three food groups (Grains, Fruit, Milk) that comprise a reimbursable breakfast.
- Item: a specific food offered within the three food components.





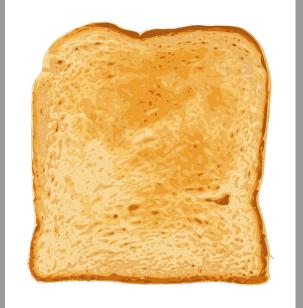












OVS Rules at Breakfast

- In this menu example, we see three components and four items represented. Two of the items (muffin and toast) come from the same component (grain).
- Menu: Muffin, Toast, Apple, Milk



Offer vs Serve Breakfast

Minimum Breakfast:

Must take 3 items of which 1 must be a

½ cup of fruit or vegetable.

Maximum Breakfast:

May take all 5 <u>items</u> from the 3 components



Remember, at Lunch we deal with components.
At Breakfast we deal with items!

OVS Rules at Breakfast

What about Meat at Breakfast?



M/MA can be offered once a full serving of true grain has been offered on the menu.



The student does not have to pick up the true grain before they pick up the M/MA. The true grain just has to be on the menu before the M/MA can count.



The Student can pick up the M/MA and have it count toward the reimbursable meal item total as long as the menu planner has specified that the M/MA will count toward the Grain.



Menu Planner Discretion & Counting Items



- The Menu planner decides how to count items.
- Combination foods can count as multiple items.
- For example, a muffin with 2 oz eq. of grain can count as two items, or a sausage biscuit can count as two items.
- The menu planner must communicate this information to the Cashier!



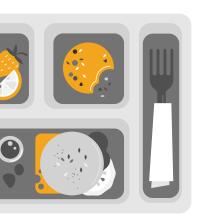
Let's Practice!

OVS at Breakfast (SBP)



MENU OVERVIEW

All Items Offered on the Menu for the Day



REQUIRED COMPONENTS	*must serve at least 4	CONTRIBUTION	*menu planner discretion
Milk	Variety of Milk	1 cup	1
Grain	Biscuit	2 oz eq G	1 (*menu planner could decide to count this as 2!)
*includes optional meats	Sausage Patty	1 oz eq. M	1
	Chicken Patty	1 oz eq. M	1
	Eggs	1.5 oz eq M	1
Fruit / Veg	Apple	½ cup	1
	Orange	½ cup	1
	Juice	½ cup	1
	Hashbrown	½ Cup (*2 patties)	1

Additional Foods: Bacon





Is this a reimbursable meal?
1/=0
YES

	Items Served
Milk	1
Grain	3
Fruit/Veg	2





Is this a reimbursable meal?
VEO
YES

	Items Served
Milk	
Grain	2
Fruit/Veg	1



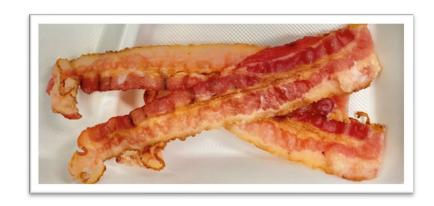


Is this a reimbursable meal?
NO
NO

	Items Served
Milk	1
Grain	
Fruit/Veg	1



Watch that Bacon!



- Bacon does not count toward the meat component
- Considered an "Additional Food" rather than a meat component
- Cannot count as an item at breakfast

Source: MRS 2021

MEAL COMPONENT CONTRIBUTION:

None

NUMBER OF PORTIONS: 100 SIZE OF PORTION: 2 slices RECIPE HACCP PROCESS: #2 - Same day service

MRS: 8110 - Condiments/Other (8000s)

BACON STRIPS





Is this a reimbursable meal?

	Items Served
Milk	
Grain	3
Fruit/Veg	





Is this a reimbursable meal?
YES
IES

-	Items Served
Milk	
Grain	3
Fruit/Veg	1





Is this a reimbursable meal?

	Items Served
Milk	
Grain	1
Fruit/Veg	





Is this a reimbursable meal?
VEC
YES

	Items Served
Milk	
Grain	2
Fruit/Veg	3





Is this a reimbursable meal?
YFS
ILS

	Items Served
Milk	1
Grain	2
Fruit/Veg	1

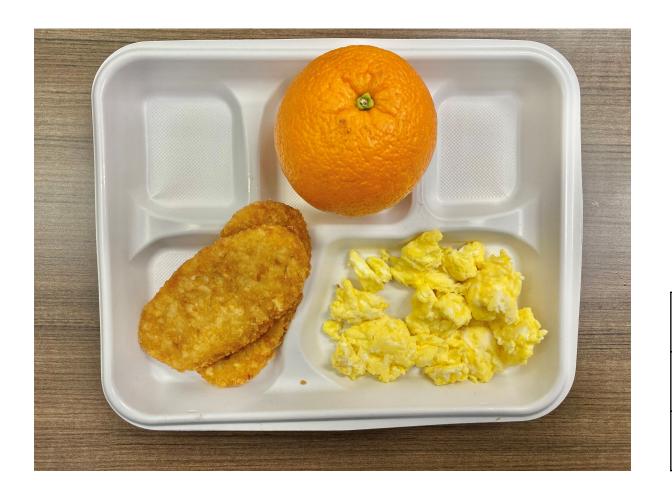




Is this a reimbursable meal?

-	Items Served
Milk	
Grain	4
Fruit/Veg	



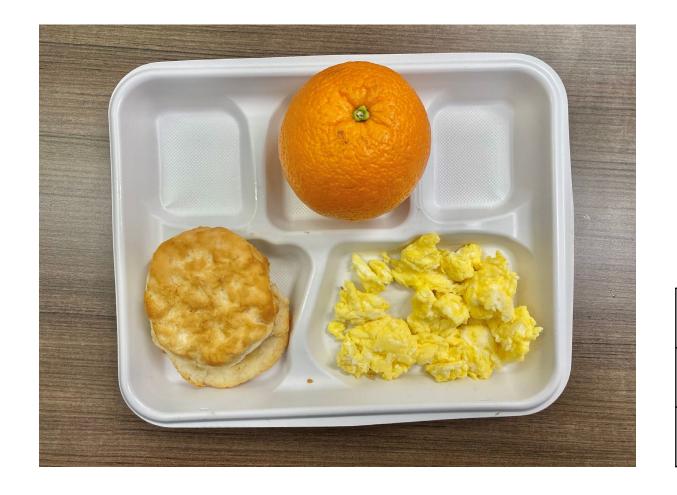


Is this a reimbursable meal?

YES

-	Items Served
Milk	
Grain	1
Fruit/Veg	2





Is this a reimbursable meal?		
1/80		
YES		

	Items Served
Milk	
Grain	2
Fruit/Veg	1





Is this a reimbursable meal?	
VEO	
YES	

	Items Served
Milk	1
Grain	1
Fruit/Veg	1





Is this a reimbursable meal?
\/ E O
YES

-	Items Served
Milk	
Grain	
Fruit/Veg	3





Is this a reimbursable meal?
VEC
YES

	Items Served
Milk	
Grain	
Fruit/Veg	3





-	Items Served
Milk	
Grain	1
Fruit/Veg	2





Is this a reimbursable meal?
\/ E
YES

	Items Served
Milk	
Grain	1
Fruit/Veg	2





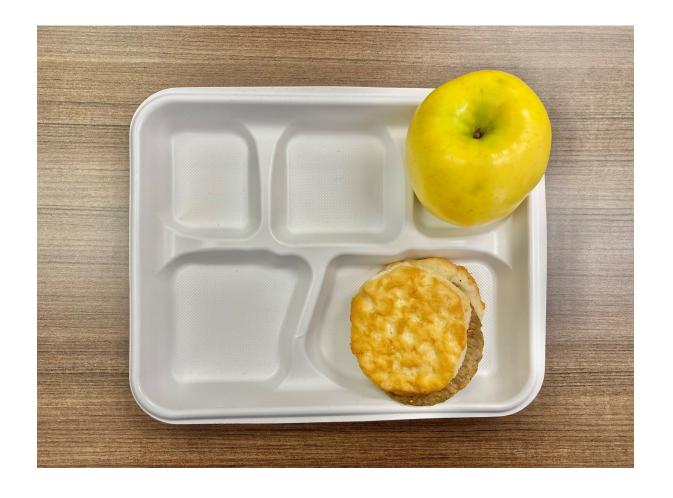
	Items Served
Milk	
Grain	4
Fruit/Veg	1





	Items Served
Milk	
Grain	2
Fruit/Veg	





	Items Served
Milk	
Grain	2
Fruit/Veg	1





Is this a reimbursable meal?
NO
NO

	Items Served
Milk	1
Grain	2
Fruit/Veg	





Is this a reimbursable meal?
YES

	Items Served
Milk	
Grain	2
Fruit/Veg	1





Is this a reimbursable meal?
NO
NO

-	Items Served
Milk	
Grain	1
Fruit/Veg	1





Is this a reimbursable meal?
1/=0
YES

	Items Served
Milk	
Grain	1
Fruit/Veg	2





Is this a reimbursable meal?
NO
NO
NO

	Items Served
Milk	1
Grain	2
Fruit/Veg	





-	Items Served
Milk	
Grain	4
Fruit/Veg	1





	Items Served
Milk	1
Grain	2
Fruit/Veg	1

*SALT SHOULD NEVER BE SERVED FOR ANY REASON!!!





Is this a reimbursable meal?
NO
NO

	Items Served
Milk	
Grain	1
Fruit/Veg	1





-	Items Served
Milk	
Grain	1
Fruit/Veg	1





Is this a reimbursable meal?
YFS
IES

	Items Served
Milk	1
Grain	2
Fruit/Veg	1







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U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

(833) 255-1655 or (202) 590-7442;

program.intake@usda.gov.

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U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW

(833) 256-1665 o' (202) 690-7442; correo electrónico: program.intake@usda.gov

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https://www.usda.gov/nondiscrimination-statement



Presenter Name

Presenter Title

Presenter email

mdek12.org





Is this a reimbursable meal?		
Elementary	High School	
YES	NO	

	Components Served		
	Elementary	High School	
Milk	FULL PARTIA	L FULL PARTIAL	
Meat	FULL PARTIA	L FULL PARTIAL	
Grain	FULL PARTIA	FULL PARTIAL	
Fruit	FULL PARTIA	L FULL PARTIAL	
Veg	FULL PARTIA	L FULL PARTIAL	



YES NO

	Items Served
Milk	
Grain	
Fruit/Veg	

