# Strategies that Promote Sight Word Learning

# **Beyond Flashcards**

# **Britney Dewease**

Literacy Coach

mdek12.org

MISSISSIPPI DEPARTMENT OF EDUCATION

Date September 23, 2021

**Regional Literacy Coordinator** 

**Christine Spell** 

# VISION

To create a world-class educational system that gives students the knowledge and skills to be successful in college and the workforce, and to flourish as parents and citizens

# MISSION

To provide leadership through the development of policy and accountability systems so that all students are prepared to compete in the global community



#### State Board of Education STRATEGIC PLAN GOALS

ALL Students Proficient and Showing Growth in All Assessed Areas **EVERY** School Has Effective Teachers and Leaders

**EVERY** Student Graduates from High School and is Ready for College and Career **EVERY** Community Effectively Uses a World-Class Data System to Improve Student Outcomes

☆ 0△3 **EVERY** Child Has Access to a High-Quality Early Childhood Program

**EVERY** School and District is Rated "C" or Higher





# **Session Norms**

- Silence your cell phones.
- Please check and/or reply to emails during the scheduled breaks.
- Be an active participant.
- Do not hesitate to ask questions.





Clarify potential misconceptions of common terms (high frequency words, irregular words, and sight words)

Examine the research on whole-word reading vs. graphemephoneme correspondence

Explain orthographic mapping

Discuss best practices for teaching high frequency words that align with the science of reading



### **Opening Activity: Common Terms**

1) Using three Post Its, define the following terms:

- High frequency words
- Irregular words
- Sight words
- 2) Place the Post Its on the corresponding anchor chart.
- 3) Ask yourself the following questions:
  - Does everyone have the same definition of the terms?
  - What potential confusions arise from various definitions?



# Common Language

# **Clarifying Misconceptions**

English language Hil Hello Goodbye! How are you?



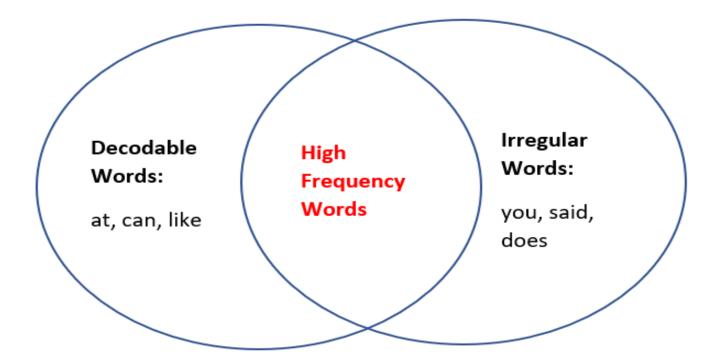
Sight words are words we recognize instantly by "sight," regardless of whether the word is phonetically regular or irregular. Words that are recognized immediately have been orthographically mapped and stored in long-term memory for effortless and rapid retrieval (Ehri 2013).





### **High Frequency Words**

- Decodable words- follow spelling rules (85%)
- Irregular words- do not follow spelling rules (15%)





### Dolch

- Published in 1936
- Based on the wholeword reading method
- 63% of the words are decodable

# Fry

- Revised in 1980
- Based on the wholeword reading method
- Organized by frequency of occurrence in text



**Myth:** Students should be given the Dolch and Fry Word List to memorize using flashcards.

**Reality:** 80-90% of these words are phonetically regular or temporarily irregular, so they can be explicitly taught.

**Myth:** If children memorize the Dolch and Fry Word lists, they'll know most of the words they need to learn to read.

**Reality:** Memorizing words limits students' ability to become skilled readers.



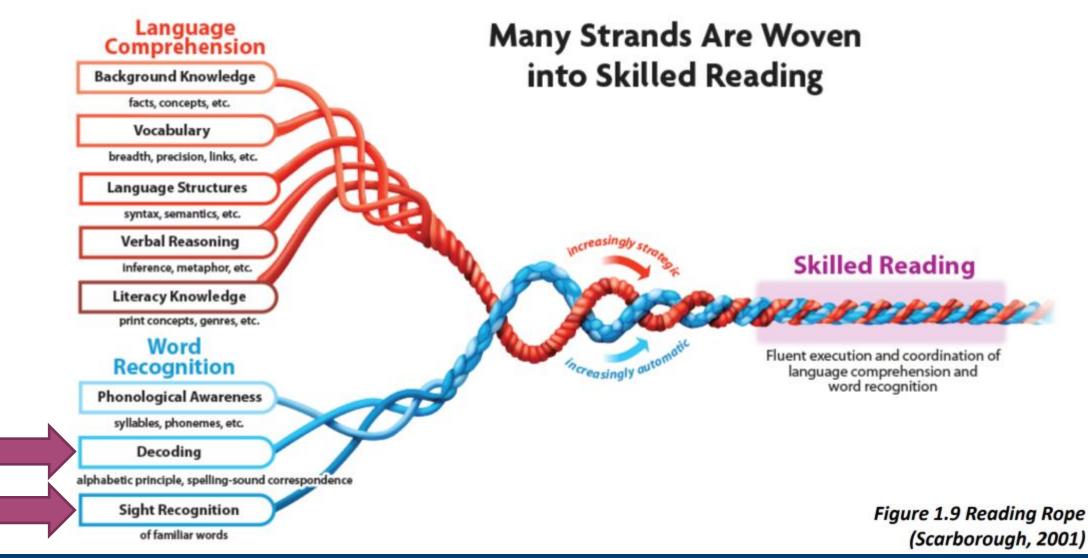
# Examining the Research



Whole-word reading vs. focused attention of grapheme-phoneme correspondence



# Research





### **Brain Study**

"Beginning readers who focus on letter-sound relationships, or phonics, instead of trying to learn whole words, increase activity in the area of their brains best wired for reading. In other words, to develop reading skills, teaching students to sound out "C-A-T" sparks more optimal brain circuitry than instructing them to memorize the word "cat." And these teaching-induced differences show up even on future encounters with the word." *-McCandliss, 2015* 



#### **Brain Study**





Go to www.Menti.com

Type in the code: 7571 7985

OR Use this **QR Code** 



### **Answer the following question:**

Does your current instruction or curriculum teach in ways that support visual memorization of words or grapheme-phoneme correspondences?



# If a child memorizes ten words, the child can only read ten words, but if the child learns the sounds of ten letters, the child will be able to read 350 three sound words, 4,320 four sound words and 21, 650 five sound words.

# -Kozloff, 2002



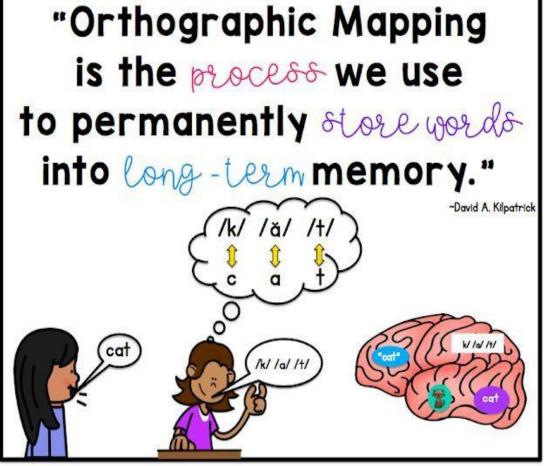
# Orthographic Mapping



# What distinguishes skilled readers from poor readers?



# **Orthographic Mapping Requires:**



- Letter-sound proficiency
- Phonemic proficiency
- Relationships between sounds and letters automatically





NASP	QNZ	RWR	SSSR	BASM
XMY	IEET	STE	ILOR	IKUY
NAACP	NBA	IEP	FBI	NHL
WNBA	PGA	IRS	NFL	HBCU



- How might this activity be similar to what beginning readers face in your classroom?
- Does this give insight into how they may feel about memorizing sight words?
- What key takeaways do you have?



# **Best Practices for Teaching High Frequency Words**





Focus on speech to print with a sound wall

Use an instructional routine to teach high frequency words Provide opportunities for practice



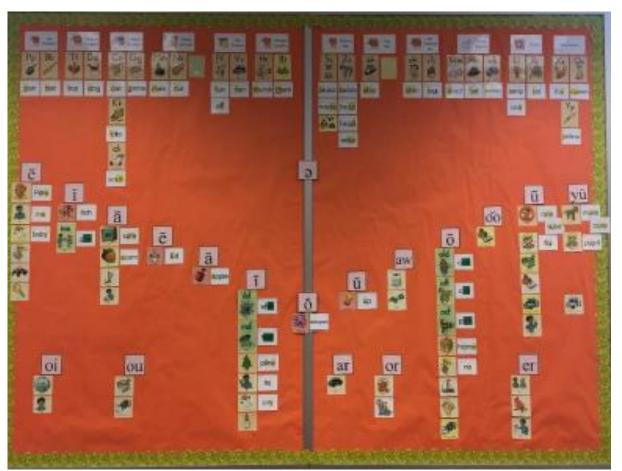
#### **Best Practice 1: Speech to Print**



# Word Wall









#### Word Walls

- Organized by ABC order
- Used to help students spell words
- Causes confusion (many of the words under the letter "a" represent multiple sounds of a)
- Missing phonemes

### **Sound Walls**

- Organized by sound
- Helps students notice various ways to represent speech sounds
- Draws attention to structure of word
- Draws attention to articulatory gestures



### Speech to Print: Phonics is More Effective than Whole-Word Reading 27

Effective phonics instruction encourages students to focus attention on the most useful information:

•The smallest unit of sound in speech (phonemes)

•The letter, or a group of letters, that represent a sound in a word (graphemes)

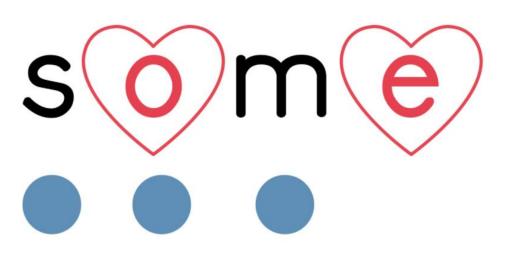




Phoneme Grapheme Mapping

kn ow
-------

Heart Words



3 sounds – the /u/ sound is spelled with an "o" and there is a silent "e" at the end



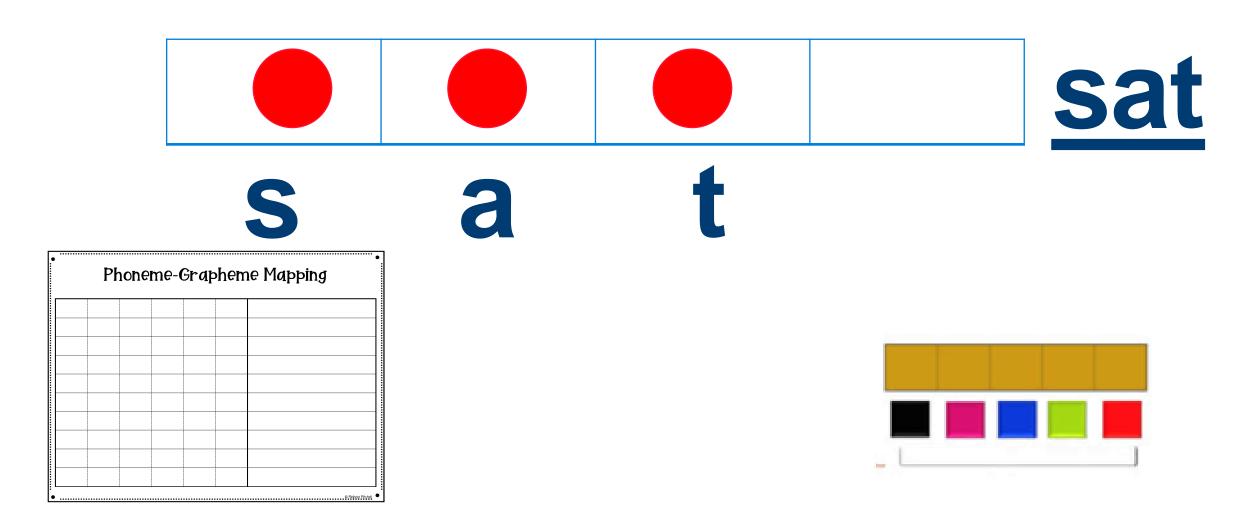
Say a word. Students will repeat the word.

Say each sound in the word while students use markers (chip, coin, counting cube, sticky note, etc.) to represent each sound in the word.

One box (sound) at a time, students say the sound for the box, move the marker and write the correct letter to represent the sound.

Repeat this process until the word is complete. Write the complete word.







### **Activity: Phoneme Grapheme Mapping**

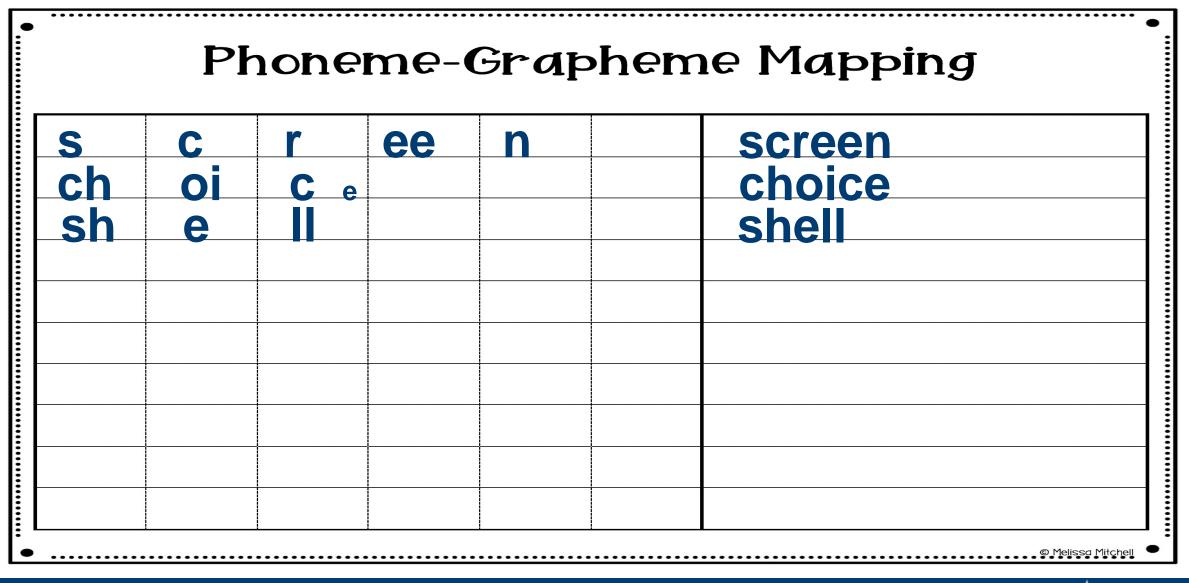
1) Using the mapping paper provided, map the following words:

# screen choice shell

2) Keep tricky patterns in mind when mapping:

- Digraphs (one box)
- Blends (two boxes)
- Vowel teams (one box)
- Silent E (mapped as having the silent E in the corner of the box with the final consonant)







- 1) Study the parts of the word that are regular
- 2) Highlight the unexpected spellings/difficult parts
- 3) Link to pronunciation of the word





#### **Instructional Routine: Heart Word Routine for Irregular Words**





1) On anchor chart paper, outline the routine that you will

use to teach your given word.

2) Use the planning document provided as a guide.

3) Be prepared to teach the group.



1) Would using this routine make your high frequency word

instruction more effective?

2) In what ways would your students benefit from

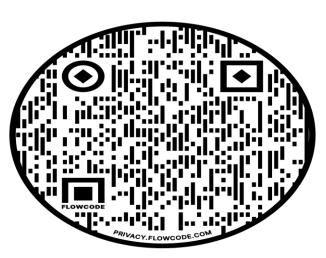
this explicit routine?

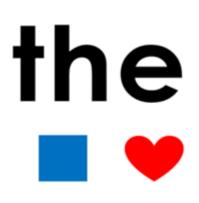




• Students need multiple opportunities to practice with high frequency words.



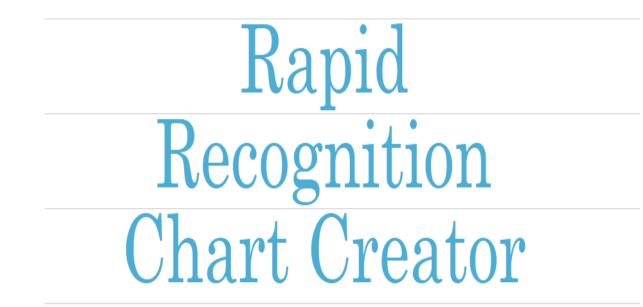


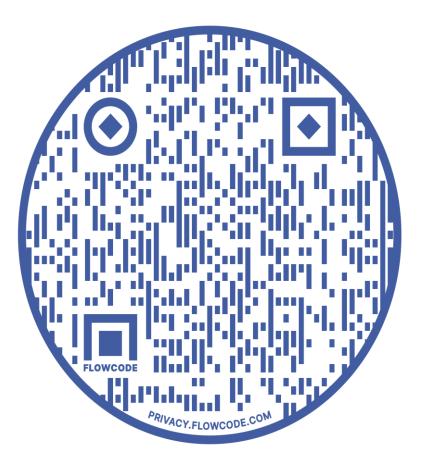


https://education.ufl.edu/ufli/virtualteaching/main/instructional-activities/irregular-and-highfrequency-words/irregular-words/



#### **Distributed Practice: Neuhaus Education Center**



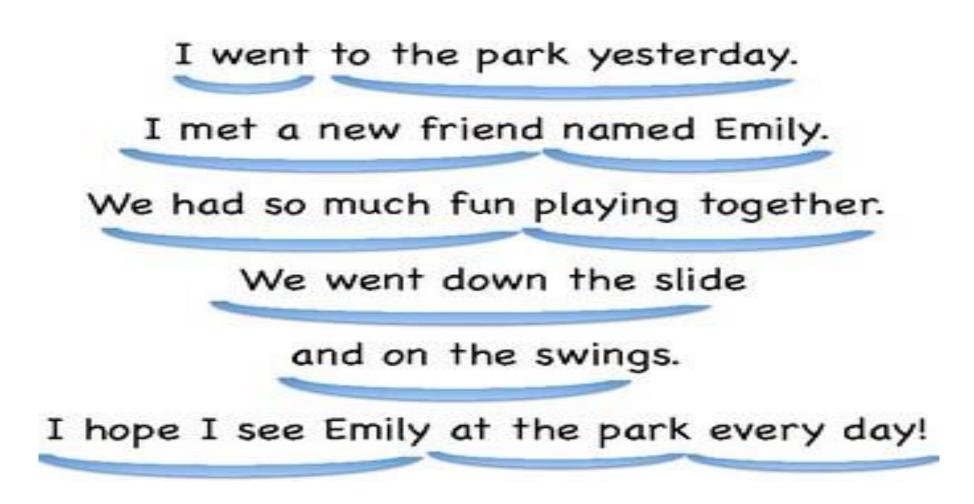


https://www.neuhaus.org/educators/consumables



RAPID RECOGNITION CHART							
said	who	the	to	of	and		
and	of	to	the	who	said		
of	and	who	said	the	to		







 Decodable texts are carefully sequenced to progressively incorporate words that are consistent with the letter-sound relationships that have been taught to the new reader.

# The Rush to Camp

Gus was in a rush to get to camp. He <u>could take</u> a bus. He

<u>could</u> grab a cab. He had no cash, so he had to run fast!



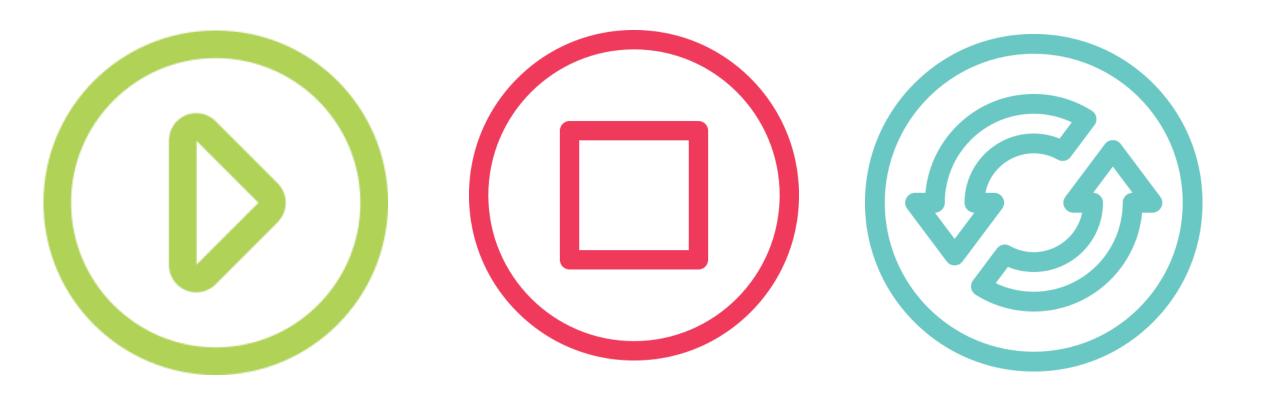
### **Final Thoughts**

- Sight words are words that should be orthographically mapped.
- High frequency words are words that are decodable or irregular and should be explicitly taught.
- Most of the words from the Dolch and Fry lists are decodable.
- Plan for explicit and systematic sight word instruction by utilizing phoneme-grapheme mapping and the Heart Word Routine.
- After words have been taught, you can use flashcards and other methods for distributed practice.
- Consistency is key!!!





### Start-Stop-Keep

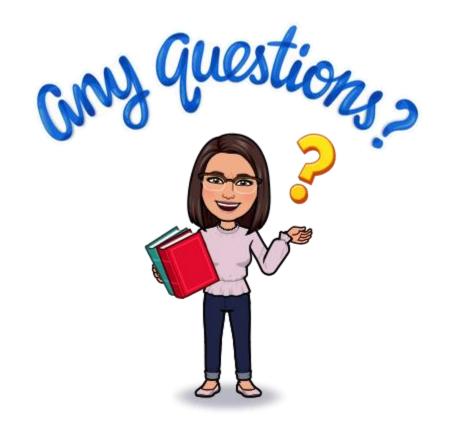




Questions









Kilpatrick, D. (2016). Equipped for reading Success. Casey & Kirsch Publishers.

Weaver, K. (2019). The biggest threat to our democracy: Illiteracy and the science-deniers who contribute to it - teacher professional learning: Literacy, math: Mtss. Retrieved March 26, 2021, from <a href="https://www.corelearn.com/the-biggest-threat-to-our-democracy-illiteracy-and-the-science-deniers-who-contribute-to-it/">https://www.corelearn.com/the-biggest-threat-to-our-democracy-illiteracy-and-the-science-deniers-who-contribute-to-it/</a>

Price, B. D. (n.d.). Whole word is nonsense – how we got stuck with the worst way to learn to read. <u>https://www.readabilityformulas.com/articles/whole-word-is-nonsense.php</u>.

https://keystoliteracy.com/blog/high-frequency-sightwords/?fbclid=IwAR2ftXQza\_dA7idzIDdJowEShVijR\_R4\_IjXARpMrt0SgaCnqTap0JuRo\_0

https://heggerty.org/blog/sound-walls/

https://news.stanford.edu/pr/2015/pr-reading-brain-phonics-052815.html



Statewide public awareness campaign promotes literacy, particularly among PreK-3 students Campaign aims to equip parents and community members with information and resources to help children become strong readers Visit strongreadersms.com for more information!





# **Christine Spell**

Regional Literacy Coordinator Christine.spell@mdek12.org

# **Britney Dewease**

Literacy Coach bdewease@mdek12.org

mdek12.org



