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ENTRY LEVEL COMMERCIAL DRIVER - CLASS B THEORY TRAINING SYLLABUS

Start Date End Date Training Provider	
Training Provider	
Resources Provided	
Commercial Driver License Manual Trainee Initials	
MDE Pupil Transportation Manual Trainee Initials	
<u>THEORY</u>	
B1.1 Basic Operations	
Unit B1.1.1. Orientation	
Vehicles Exempt	
CDL Classes	
CDL Endorsements	
CDL Restrictions	
Legal Age	
Medical Examination	

Central High School Building 359 North West Street P.O. Box 771 Jackson, MS 39205-0771 Phone (601) 359-1028 www.mdek12.org

CDL Instruction Permit

Driver Disqualifications

60 + days -Serious Traffic Violations

Lose CDL for at least 1 year

Lose CDL for at least 1 year or more

Lose CDL for Life

Railroad-Highway Grade Violations

Other CDL Rules

Non-Compliance of 380, 382, 383, and 390-399 of FMCSRs

Part 40 Drug and Alcohol Regulations

Part 380 Special Training Requirements

Part 381 Waivers, Exemptions and Pilot Programs

Part 382 Controlled Substances and Alcohol Testing

Part 383 CDL Standards; Requirements and Penalties

Part 390 Federal Motor Carrier Safety Regulations

Part 391 Qualifications for Drivers/Combo Vehicles Driver Instructions

Part 392 Driving of Commercial Motor Vehicles

Part 393 Part and Accessories Necessary for Safe Operation

Part 394 Reserved

Part 395 Hours of Service and Applicable State and Local Laws	
Part 396 Inspection, Repair, and Maintenance	
Part 397 Transportation of Hazardous Material; Driving and Parking Rules	
Part 398 Transportation of Migrant Workers	
Part 399 Employee Safety and Health Standards	
Applicable State and Local Laws	
Mississippi Traffic Code	
Mississippi Department of Education Minimum Standards	
Stopping at Weigh Stations/Scales	
Roadside Inspections	
Hazard Awareness of Vehicle Size and Weight	
Vehicle Measurements	
Low Clearance Areas	
Restriction Maps	
Bridge Formulas	
Federal Bridge Formula	
Basic Operations Test Score	Trainee Initials

Unit B1.1.2 Control Systems/Dashboard

Reading Gauges and Instruments Correctly

Proper Use of Vehicle Safety Components

Emergency Triangles
Placement

Fire Extinguisher

Operation and PASS

First Aid Kit

Contents

Potential Uses

Blood borne Pathogens

Universal Precautions

Body Fluid Clean Up Kits

Webbing Cutter

Seat Belts/Restraints

Required Use

Proper Use

Proper use of mirrors

Federal Standards

Front Left Crossover

Front Left Convex Front Left Flat Mirror Front Right Convex Mirror Front Right Flat Mirror **Inside Rearview Mirror Primary and Secondary Controls** Steering Identify/Locating/Function Accelerating Identify/Locating/Function Shifting Identify/Locating/Function **Primary and Secondary Controls Gear Selector Manual Shift Patterns** Steps to Drive a Stick Shift **Braking Systems - Anti-Lock ABS Indicator Lights** Identify/Locating/Function

	Hydraulic Brakes	
	Identify/Locating/Function	
	Air Brakes	
	Identify/Locating/Function	
	Brake Checks	
	Park Brake	
	Hydraulic Brake	
	Dual Air Brake	
	Service Brake	
Control Syst	tems/Dashboard Test Score Trainee Initials	
J	tems/Dashboard Test Score	
_	Pre -Trip and Post Trip Inspections	
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_	Pre -Trip and Post Trip Inspections	
_	Pre -Trip and Post Trip Inspections FMCSA 392.7 Equipment, Inspection and Use	
_	Pre -Trip and Post Trip Inspections FMCSA 392.7 Equipment, Inspection and Use FMCSA 396.11 Driver Vehicle Inspection Reports	
_	Pre -Trip and Post Trip Inspections FMCSA 392.7 Equipment, Inspection and Use FMCSA 396.11 Driver Vehicle Inspection Reports Report Content	
_	Pre -Trip and Post Trip Inspections FMCSA 392.7 Equipment, Inspection and Use FMCSA 396.11 Driver Vehicle Inspection Reports Report Content Corrective Action	
_	Pre -Trip and Post Trip Inspections FMCSA 392.7 Equipment, Inspection and Use FMCSA 396.11 Driver Vehicle Inspection Reports Report Content Corrective Action Retention period for reports	

Under the Hood
Air Compressor
Steering
Frame
Coolant
Alternator
Belt and Fan
Water Pump
Shock, U-Bolts, Brake Hoses
Spring Mount
Leaf Springs
Brakes
Brake Caliper
Tires and Splash Guard
Rim, Lug Nut, Hub and Drum
Service Door
Handrail, Steps and Release Valve
Triangles
Fire Extinguisher

First Aid Kit, Body Fluid Kit, Seatbelt Cutter and Radio
Student Mirror and Shade Visor
Seat Belt, Driver's Window and Documents
Mirrors
Windshield
SAFE START
ABS
Light Indicators
Gauges
Heaters/Defrosters and Interior Lights
Horn and Steering Wheel
Wiper and Washer
Air Brake Test
Seating
Walls, Windows and Ceiling
Emergency Window Exit
Emergency Roof Hatch Exit
Emergency Rear Door Exit
Lift Door

Rear Heaters			
External Light Inspection			
Clearance Lights			
Student Lights			
Headlights (low and high beam)			
Hazard Lights			
Turn Signals (left and right)			
Stop Arm			
Taillights			
Brake Lights			
Entry Lights			
Reflectors			
Frame and Exhaust			
Rear Tires and Splash Guards			
Bud Rims/Spacers			
Springs and Spring Mount			
Rear Brakes			
Air Bags, Air Bag Mounts			

Flooring

Torque Arm	
Fuel Tank/Fuel Cage	
Fuel Cap/Fuel Door	
Drive Shaft	
Air Dryer and Retarder	
Webasto	
Stop Arm	
Battery Box	
Electrical Box/Panel	
Enroute Inspections	
Post Trip Inspections	
Student Check	
Walk Around	
Articles Left on Bus	
Open Windows/Doors	
Damage Vandalism	
Mechanical Problems	
Operational Problems	
Pre-Trip and Post-Trip Inspections Test Score	Trainee Initials

Unit B1.1.4 Basic Controls

Executing Turns

Left Turns

Right Turns

Centering the Vehicle

Conventional vs. Transit

Maneuvering in Restricted Areas

Entering and Exiting Interstate or Controlled Access Highway

Unit B1.1.5 Shifting/Operating Transmissions

Shifting Patterns

Manual Transmission Shifting

Shifting Techniques

Manual Transmission

Automatic Transmission

Downshifting

Multi-Speed Rear Axles/Auxiliary Transmissions

Unit B1.1.6 Backing and Docking

G.O.A.L. Get Out and Look

Backing Techniques

	Evaluation of Backing/Loading Facilities	
	Straight Line Baking	
	Offset Backing	
	Left	
	Right	
	Parallel Park	
	Sight Side	
	Conventional vs. Transit	
	Alley Dock	
Basic	c Controls Test Score	Trainee Initials
B1.2	Safe Operating Procedures	
	Road Conditions	
	Weather Conditions	
	Traffic Conditions	
	Seat Belt Assembly	
	STAR Seat	
	Integrated Seats	
	Restraints - 3-point	

Unit B1.2.1 Visual Search Potential Hazards Critical objects Distracted Walkers Video **Recognizing Distracted Driver** Video Personal Security/General Awareness in Common Surroundings **Truck Stops and Rest Areas Unit B1.2.2 Communication Brake Lights Turn Signals** 4-Way Flashers/Hazard Lights **Amber-Warning Lights Red-Warning Lights Warning Triangles Back-Up Lights Audible Alarm**

Clearance Lights

	Head Lights (low and high beam)
	Strobe Lights
	Student Lights
	Eye Contact
	Things to Avoid
	Hand Signals
	Flashing High Beams
Unit B1.2.3	Distracted Driving
	Improper Cell Phone Use
	Texting
	Use of In-Cab Technology
	Visual Attention (eyes on the road)
	Manual Control (hands on the wheel)
	Cognitive Awareness (mind on task)
Unit B1.2.4	Speed Management
	Various Roads
	Speed Limits
	Weather Conditions

Horn

Traffic Conditions

Unit B1.2.5 Space Management

Calibrating Safe Following Distances

Stopping Distance

CMV Weight

CMV Length

Unit B1.2.6 Night Operation

Changes in Vision

Night Blindness

Night Communication

Night Speed

Night Space Management

Proper use of Lights

Night Driving - Special Problems

Unit B1.2.7 Extreme Driving Conditions

Cold Weather

Avalanches

Tire Chains

Chaining Procedures

	Hot Weather	
	Inclement Weather	
	Steep Grades	
	Sharp Curves	
Safe Operat	ing Procedures Test Score	Trainee Initials
B1.3	Advanced Operating Practices	
	Hazard Perception	
	Recognizing Potential Hazards	
	Visual Search – S.I.P.D.E. – Adequate Surveillance	
	Neutralizing Possible Emergency Situations	
	Identifying Road Conditions	
	Safety Procedures in construction/work zones	
Unit B1.3.2	Skid Control/Recovery/Jackknifing and Other Emergencies	
	Evasive Steering	
	Off-Road Recovery	
	Emergency Braking	
	Anti-Lock Brakes	
	Brake Failure	
	Tire Failure	

	Hydroplaning		
Unit B1.3.3	Railroad-Highway Grade Crossings		
	Federal/State RR grade crossing regulations		
	RR grade crossing environments		
	Obstructed view conditions		
	Clearance around the tracks		
	Rail Signs and Signals		
	Emergency Notification Systems		
Advanced O	perating Practices Test Score		Trainee Initials
Unit B1.4	Vehicle Systems and Reporting Malfunction	<u>ns</u>	
	Knowledge of CMV		
Unit B1.4.1	Identification and Diagnosis of Malfunction	ns	
	Engine		
	Engine Exhaust Auxiliary Systems		
	Brakes		
	Drive Train		
	Coupling Systems		
	Suspension		
Unit B1.4.2	Roadside Inspections		

	Driver violations classified as out-of-service (OOS)	
	Penalties of operating a CMV when OOS	
Unit B1.4.3	Maintenance	
	Basic servicing and checking procedures	
Vehicle Syst	ems and Reporting Malfunctions Test Score	Trainee Initials
Unit B1.5	Non-Driving Activities	
Unit B1.5.1	Handling and Documenting Cargo	
	Weight Distribution	
	Cargo Securement	
	Fully Contained	
	Immobilized	
	Secured	
	Cargo Covering	
	Techniques for Safe and Efficient Loading/Unloading	
	Cargo Security/Cargo Theft Prevention Procedures	
	Cargo Documentation	
Unit B1.5.2	Environmental Compliance Issues	
	Recognizing Environmental Hazards	

Unit B1.5.3 Hours of Service Requirements Requirements applicable for different industries **FMCSA Summary of HOS Consequences of Violating the HOS regulations Fines and Penalties Drivers Daily Log Paper** Electronic Timesheet Logbook recap (if applicable) **Unit B1.5.4 Fatigue and Wellness Awareness** Consequences of chronic and acute driver fatigue **Unit B1.5.5 Post-Crash Procedures** Assessing your own physical condition **Notifying Authorities**

Environmental Hazard Classes

State Requirements

Federal Requirements

National Response Center

Protect the area

Obtain emergency medical assistance

Avoiding subsequent crashes

Triangles, flashers, etc.

How to use a fire extinguisher

Post-testing controlled substances and alcohol testing

Unit B1.5.6 External Communications

Interpersonal communication with enforcement officials

Implications of violating Federal and state regulations on their records

Unit B1.5.7 Whistleblower/Coercion

Whistleblower protection regulations 29 CFR part 1978

Procedures for reporting incidents of coercion

Unit B1.5.8 Trip Planning

Safest Route

Rest Stops Heavy traffic areas

Railroad-highway grades safe clearance and ground clearance

Need for permits

Vehicle size and weight limitations

Restricted routes

List of Videos Shown		Date	
Non-Driving Activities Test Score		Trainee Initials	
	General Qualifications, Disqualifications 49 CFR Part 391, subp	arts B and E	
	Responsibilities		
	Medical certification		
Unit B1.5.10	Medical Requirements		
	Alcohol testing		
	Prescription Drugs		
	Controlled Substances		
Unit B1.5.9	Drugs and Alcohol		
	Fuel Efficient Routes		
	Pros and Cons of GPS		

Final Total Test Score Percentage	
Trainee Printed Name	
Trainee Signature	
Trainer(s) Full Signature(s)	Date(s)

CLASS "B" RANGE AND PUBLIC ROAD SYLLABUS

Trainee Name		License/CLP #	
Start Date		End Date	
School Dis	strict		
Required I	Documentation Prior to Driving Any Vehicle		
	Trainee Behind the Wheel Self-Certification Form		
Unit B2.1	Vehicle Inspection Pre-Trip/Enroute/Post Trip		
	Driver-trainees must demonstrate proficiency in conducting pre- including appropriate inspection locations. Instruction must also		
Unit B2.2	Straight Line Backing		
	Driver-trainees must demonstrate proficiency in proper techniqu appropriate criteria/acceptable tolerances.	es for performing various straight-line backing maneuvers to	
Unit B2.3	Alley Dock Backing (45/90 Degree)		
	Driver-trainees must demonstrate proficiency in proper techniqu appropriate criteria/acceptable tolerances.	es for performing 45/90-degree alley dock maneuvers to	
Unit B2.4	Off-Set Backing		
	Driver-trainees must demonstrate proficiency in proper techniqu criteria/acceptable tolerances	es for performing off-set backing maneuvers to appropriate	
Unit B2.5	Parallel Parking Blind Side		

Driver-trainees must demonstrate proficiency in proper techniques for performing parallel parking blind side positions/maneuvers to appropriate criteria/acceptable tolerances.

Unit B2.6 Parelle Parking Sight Side

Driver-trainees must demonstrate proficiency in proper techniques for performing sight side parallel parking maneuvers to appropriate criteria/acceptable tolerances.

I certify thatsuccessfully completed the Range Training.	has demonstrated proficiency in all of the above stated skills and has	
Trainer(s) Full Signature(s)	Date(s)	

CLASS B – PUBLIC ROAD

Unit B3.1 Vehicle Controls Including: Left Turns, Right Turns, Lane Changes, Curves at Highway Speeds, and Entry and Exit on the Interstate or Controlled Access Highway

Driver-trainees must demonstrate proficiency in proper techniques for initiating vehicle movement, executing left and right turns, changing lanes, navigating curves at speed, exiting, and entering the interstate, and stopping the vehicle in a controlled manner

Unit B3.2 Shifting/Transmission

Driver-trainees must demonstrate proficiency in proper techniques for performing safe and fuel- efficient shifting

Unit B3.3 Communications/Signaling

Driver-trainees must demonstrate proficiency in proper techniques for signaling intentions and effectively communicating with other drivers.

Unit B3.4 Visual Search

Driver-trainees must demonstrate proficiency in proper techniques for visually searching the road for potential hazards and critical objects.

Unit B3.5 Speed and Space Management

Driver-trainees must demonstrate proficiency in proper habits and techniques for adjusting and maintaining vehicle speed, taking into consideration various factors such as traffic and road conditions. Driver trainees must demonstrate proficiency in maintaining proper speed to keep appropriate spacing between the driver-trainee's CMV and other vehicles. Instruction must include methods for calibrating safe following distances under an array of conditions including traffic, weather, and CMV weight and length.

Unit B3.6 Safe Driver Behavior

Driver-trainees must demonstrate proficiency in safe driver behavior during their operation of the CMV

Unit B3.7 Hours of Service (HOS) Requirements

Driver-trainees must demonstrate proficiency in the basic activities required by the HOS regulations, such as completing a Driver's Daily Log (electronic and paper), timesheet, and logbook recap, as appropriate.

Unit B3.8 Hazard Perception

Driver-trainees must demonstrate their ability to recognize potential hazards in the driving environment in time to reduce the severity of the hazard and neutralize possible emergency situations. Driver-trainees must demonstrate the ability to identify road conditions and other road users that are a potential threat to vehicle safety and suggest appropriate adjustments

Unit B3.9 Railroad-Highway Grade Crossing

Driver-trainees must demonstrate the ability to recognize potential dangers and to demonstrate appropriate safety procedures when RR-highway grade crossings are reasonably available

Unit B3.10 Night Operation

Driver-trainees must be familiar with how to operate a CMV safely at night. Training providers must teach driver-trainees that night driving presents specific circumstances that require heightened attention on the part of the driver. Driver-trainees must be taught special requirements for night vision, communications, speed, space management, and proper use of lights.

Unit B3.11 Extreme Driving Conditions

Driver-trainees must be familiar with the special risks created by, and the heightened precautions required by, driving CMVs under extreme driving conditions, such as heavy rain, high wind, high heat, fog, snow, ice, steep grades, and curves. Training providers must teach driver-trainees the basic driving habits needed to deal with the specific challenges presented by these extreme driving conditions

Unit B3.12 Skid Control/Recovery , Jackknifing, and Other Emergencies

Driver-trainees must know the causes of skidding and jackknifing and techniques for avoiding and recovering from them. Driver-trainees must know how to maintain directional control and bring the CMV to a stop in the shortest possible distance while operating over a slippery surface. Driver trainees must be familiar with proper techniques for responding to CMV emergencies, such as evasive steering, emergency braking, and off-road recovery. They must also know how to prevent or respond to brake failures, tire blowouts, hydroplaning, and rollovers.

I certify thatsuccessfully completed Public Road Training.	has demonstrated proficiency in all of the above stated skills and has	
Trainer(s) Full Signature(s)	Date(s)	
Copy of Syllabus and Certificate of Completion	Total Clock Hours	
Trainee		
District Personnel File		
Trainer File		
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