

METIS 2018

LUNCH MENU

WEDNESDAY:

Mixed Green Salad
w/Ranch/Balsamic Dressing

Herbed Chicken Supreme
w/light herb sauce

White Rice Pilaf

Sautéed Garlic Haricot Verts

Warm Rolls & Butter

Iced Tea, Water

Dessert

THURSDAY:

Caesar Salad
w/Caesar/Ranch Dressing

Beef Tips in Port Wine Sauce
w/Button Mushrooms

Mashed Potatoes

Atlantic Vegetable Blend

Warm Rolls & Butter

Iced Tea, Water

Dessert

NOTE:

**If you have food allergies,
please see Debra Hines or
Barbara Young for assistance.**